



Dept. of Physical Education & Sports
Shri Binzani City College

Umrer Road, Nagpur.

&

Dept. of Physical Education & Sports
S. K. Porwal College

Kamptee, Dist. Nagpur

are Jointly Organising

One Week Online Workshop for Students

Date : 26-10-2020 to 31-10-2020

Health, Nutrition & Motivation

Date : 26-10-2020

Topic :

**Nutritionist, Fitness and
Wellness Counselor**



Dr. Sujit Metre
Principal
S. B. City College, Nagpur



Dr. M. B. Bagade
Principal
S. K. Porwal College, Kamptee



Speaker
Dr. Roma Sarnaik
MBBS, Lifestyle Medicine Consultant
Medical, Nagpur



Secretary, Organising Committee
Dr. Sanjay Choudhari
S. B. City College, Nagpur



Convener, Organising Committee
Dr. Indrajit Basu
Assistant Professor
S. K. Porwal College, Kamptee

Organising Committee :

Dr. Rajesh Alone, Dr. Prashant Bambal, Dr. Jayant Ramteke
Prof. Kalpana Mishra, Prof. Mallika Nagpure



Link : <https://meet.google.com/eva-tzuh-nmx>



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Health, Nutrition & Motivation



Dr. Sujit Metre
Principal
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Secretary, Organising Committee
Dr. Sanjay Choudhari
S. B. City College, Nagpur



Co-Convenor, Organising Committee
Mrs. Kalpana Mishra
S. B. City College, Nagpur

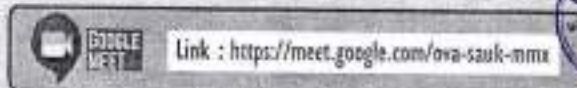


Convenor, Organising Committee
Dr. Indrajit Basu
Assistant Professor
S. K. Porwal College, Kamptee

Organising Committee :

Dr. Rajesh Alone, Dr. Prashant Bambal, Dr. Jayant Ramteke
Prof. Kalpana Mishra, Prof. Mallika Nagpure

Dr. Rajesh Alone
Dr. Prashant Bambal
Dr. Jayant Ramteke
Prof. Kalpana Mishra
Prof. Mallika Nagpure



Link : <https://meet.google.com/ova-sauk-mmx>



Principal
S. B. City College
NAGPUR.

One week Online Workshop for Students

Jointly Organise by

Shri Binzani City College, Nagpur
Dept. of Physical Education & Sports,
&

S. K. Porwal College, Kamptee
Dept. of Physical Education & Sports,

Health, Nutrition & Motivation

held on 26-10-2020 to 31-10-2020

Day & Date	Session	Resource Person	Time
Monday 26-10-2020	Nutritionist Fitness & Wellness Counselor	Dr. Roma Surnaik	11.30 a.m. to 12.30 p.m.
Tuesday 27-10-2020	Stress Management	Dr. Sushma Chowgale	11.30 a.m. to 12.30 p.m.
Wednesday 28-10-2020	Personality Development	Mrs. Soma Kiran	11.30 a.m. to 12.30 p.m.
Thursday 29-10-2020	Patriotism Development	Mrs. Shiwalee Deshpande	11.30 a.m. to 12.30 p.m.
Friday 30-10-2020	Physical Education & Sports it's importance n Scope	Dr. Indrajit Basu	11.30 a.m. to 12.30 p.m.
Saturday 31-10-2020	The Success Mantra	Dr. Vartika P. Patil	11.30 a.m. to 12.30 p.m.



श्री बिनजनी शिवाजी
श्री संजय शिवाजी
श्री संजय शिवाजी, एम.ए.




Principal
S. B. City College
NAGPUR.

Dt. _____

To,

Sub: Invitation Letter

Respected Sir/Madam,

The Physical Education and Sports Department of Shri Binzani City College, Umrer Road, Nagpur, in collaboration with S. K. Porwal College, Kamptee, is organizing an **Online One-week Workshop on Health, Nutrition & Motivation** for the overall development of the students from **26th Oct to 31st Oct 2020**.

We would like to extend invitation to you to be the Resource Person for the session on (topic) _____ on dt. _____ at (time) _____ and impart your valuable knowledge and experience to the students.

Looking forward to receive a positive reply from you. Please accept our invitation & oblige.



Convener
Dr Indrajit Basu
Mob. No. 9850316583



Organizing Secretary
Dr Sanjay Chaudhari
Mob. No. 9423403852



श्रीश विद्यालय कर्मचारी
कार्यवाही विभाग
श्री विद्यालय - वरु विद्यालय, नागपुर



Principal
S. B. City College
NAGPUR.

Workshop on stress management held

■ Sports Reporter

EFFECTIVE stress management plays a core role to lead a happier, healthier, and more productive life, feels Dr Sushama Chougule.

Addressing students in the online workshop conducted jointly by Department of Physical Education and Sports, Shri Binzani City College, Ummer Road, and SK Porwal College, Kamptee, Dr Chougule said effective stress management plays a core role to lead a happier, healthier, and more productive life. She added that ultimate goal is a counterbalanced life, with time for work, relationships, and relaxation and meet challenges.

The coronavirus pandemic has brought with itself a stressful environment throughout the world.

She aid nobody knows when

and how the pandemic will vanish. One of the effective strategies to cope with stress during this period is not to fear death and there should be no fear of spreading but by enjoying normal life.

In fact, we need to be grateful to coronavirus that has taught us value of life, Dr Chougule said.

Our mission must be to reduce transmission with certain measures enforced by Government like lockdown, focusing on hand hygiene, masking, social distancing, increasing testing at the early stage.

Time management is one of the most effective stress-relieving techniques. Scheduling time



Dr Sushama Chougule

very important role to get the desired place in future.

Optimistic approach, clear timeframe, focused, and on track with persistence will help the students to head their goal, Dr Chougule asserted.

Facing rejection is hard. Parents, friends, teachers, coun-

and organising things is an art as time once gone never comes back. So one must spend it wisely.

Technique may vary from person to person. Successful people use visualisation technique to achieve desired goal and students can follow it with practice to crack any examination. For that vision plays

sellors, therapists, and other support services must be ready to give a helping hand to heal fast. Thinking out of the box and optimistic approach helps during these tough times, was Dr Chougule mantra for success.

Dr Sujit Metre, Principal, Shri Binzani City College and Dr MB Bagade, Principal, SK Porwal College also addressed the students.

Convener of the workshop Dr Indrajit Basu introduced the guest speaker.

All the committee members — Dr Rajesh Alone, Dr Prashant Bambal, Dr Jayant Ramteke and Prof Mallika Nagpure were among those present on the occasion.

The programme was conducted by Prof Kalpana Mishra Dr Sanjay Chaudhary, Secretary of the Organising Committee proposed a vote of thanks.

Dr
श्री सुशमा चौगुले
कार्यकारिणी समितीचे अध्यक्ष
श्री सुशमा चौगुले, प्रा. सुशमा चौगुले, प्रा. सुशमा चौगुले



Dr
Principal
S. B. City College
NAGPUR.

Sportspersons outshine others: Kiran

■ Sports Reporter

PLAYING at least one sport in life helps in overall personality development and sportspersons outshine others in society, observes Soma Kiran.

Kiran, an Accounts Officer in Finance Department of Maharashtra State, was interacting with students in an ongoing online workshop that is a joint venture of Department of Physical Education and Sports, Shri Guruji City College, Guntur Road, and St. Xavier College, Kamptee.

Making remarks during her presentation on 'Personality Development for students', Kiran urged the students to enhance their personality by regular exercises and minimising the use of electronic gadgets like mobile phones and social media.



Accounts Officer Soma Kiran addressing students during an online event.

Physical stressed that fitness bring a certain change in phys-

ical, mental, emotional stability in our lives. With stress and physical, mental, emotional stability it also attributes to increased concentration in the work. There are keen observations made that personality of the students who indulge in any sports outshine those who do not play any sport.

According to Kiran, personality means public image, it is the totality of the person, the character, behavioural traits and attitude toward life not merely external life. Personality development programme improves communication skills, body language, interpersonal relationships, ethics and attitude towards life.

Every individual is unique by his qualities and traits. Personality can be developed by improving reading habits, channeling energy towards positive traits, overcoming weaknesses,

Thinking positive, getting out of comfort and taking risks, time management and, keeping focused on goal and by improving communication skills. She also advised to improve personality through yoga and pranayams which improves individuals, physical, mental and spiritual state. Kiran also provided tips to the students by appearing in interviews.

The programme was conducted by Prof Kalpana Mahuya Dehdraft Bess, convener of this workshop, introduced the guest speaker. All the committee members — Dr Rajesh Arune, Dr Prashant Bumbal, Dr Jayant Hansteke, Prof Mishra, Prof Mallika Nagpure were present.

Dr Sanjay Chaudhary, secretary of the organising committee, concluded the event and proposed a formal vote of thanks. To

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Principal
S. B. City College
NAGPUR.

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SPORTS

Members may send their news on sports@thehitavada.com

Binzani, Porwal College sports depts hold webinar

The Department of Physical Education and Sports of Shri Binzani City College, Umrer Road and SK Porwal College, Kamptee, jointly organised a one-week online webinar for students on various topics. On the third day of the webinar Flight Lieutenant Shiwalee Deshpande (Retd) was the resource person.

The topic of webinar was patriotism development for students. Flt Lt Deshpande enlightened the students about patriotism. She motivated the students

throughout the session and gave some tips to improve their thoughts and actions towards our nation. Students were made aware that development of society depends on patriotism of people. She said that every citizen of the country can serve or contribute without being in the military by joining



Flight Lt Shiwalee Deshpande (Retd)

the peace corps, taking care of the environment, advocating your education, doing charity work, electing the right leader and working for the government.

She even spoke about incidents like Pulwama attack and UJI and also shared her experiences while she was serving the Armed

forces. Flt Lt Deshpande inspired the students by saying that never let the feelings of patriotism diminish.

The programme was conducted by prof Kalpana Mishra, Dr Indrajit Basu, Convener, introduced the guest. All the committee members including Dr Rajesh Alopi, Dr Prashant Bumbal, Dr Jayant Ramteke, Prof Kalpana Mishra, Prof Mallika

Dr Sanjay Chaudhary, Secretary of the organising committee, proposed a vote of thanks.

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श्री विद्या ऋषि

संस्कृत विद्यापीठ

श्री विद्या ऋषि संस्कृत विद्यापीठ, अहमदनगर



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Principal

S. B. City College
NAGPUR.

Dr Vartika holds workshop on success mantra for students

■ Sports Reporter

DEPARTMENT of Physical Education and Sports, Shri Binzani City College, Umrer Road and SK Porwal College, Kamptee had jointly organised a one week online workshop for their students.

Dr Vartika Parihar Patil, MBBS, MD was resource person on the concluding day and talked on success mantra for students. Dr Sharad Suryawanshi, Director, Department of Sports and Physical Education, RTM Nagpur University, was the chief guest.

In her address, Dr Patil said success is that million dollar thing which everyone wishes to achieve in their lifetime but only a few have it. She said that why some people are achieve that while

some do not lies in the basic understanding of having a positive mindset and an attitude towards success. To become something in life one has to be serious about one's goals.

The medical practitioner reminded that there was no shortcut to success. It requires hard work, dedication, sacrifice,

practice and consistency and without inculcating these qualities it is difficult to become a person of accolades. In student life there is more interaction with friends so it's very necessary to select similar goal oriented friends who inspire and bring out the best in you and not force or tempt you



Dr Sharad Suryawanshi

towards the vices of life because ultimately a man is known by the company he keeps.

Dr Patil said leaving one's comfort zone is the most difficult thing to do but it is the most important thing to achieve success. Respecting teachers and institution is important as the seeds and foundation for success is laid by them.

Taking responsibility of life, being goal-orientated, striving to be better with what you have and wherever you are is extremely important. Gratitude, confidence, self-belief and discipline are pivotal in goal achieving, she added.

On the occasion, Dr Sujit Metre, Principal, Shri Binzani City College, motivated the students and Dr MB Bagade, Principal, SK Porwal College,

Kamptee encouraged students adding that he was looking forward to organising workshop for students on important and relevant topics.

Dr Sanjay Choudhari, Secretary of the Organising Committee introduced the chief guest.

Dr Suryawanshi appreciated both the colleges for organising the one week online workshop for students during the pandemic. He also congratulated the organising committee for selecting different subjects for students' overall development.

The programme was conducted by Prof Kalpana Mishra. Dr Indrajit Basu (convener of this workshop) introduced the guest speaker. Committee members — Dr Rajesh Alone, Dr Prashant Bambal and Dr Jayant Ramteke were present. The programme was concluded by Prof Mallika Nagpure, who also proposed a vote of thanks.



Principal
S. B. City College
NAGPUR.

श्री वार्तिके पारिहार पाटील
भारतीयिक फौजना सिमाना
श्री भयवर्त, ए. ए. 43, नगरकोट, नागपुर.

यश मिळविण्यासाठी दृष्टिकोन सकारात्मक ठेवा!

**बिंझाणी आणि
पोरवाल कॉलेजतर्फे
कार्यशाळा**

म.टा. प्रतिनिधी, नागपूर

'कुठल्याही क्षेत्रात यश मिळवायचे असेल तर ठरविलेल्या गोष्टींकडे बघण्याचा दृष्टिकोन सकारात्मक असायला हवा. त्याचबरोबर यात यश मिळवायचेच, ही जिद्द उराशी बाळगल्यास हमखास यश मिळेल', असे प्रतिपादन डॉ. वर्तिका परिहार पाटील यांनी केले. बिंझाणी सिटी कॉलेज आणि एस.के. पोरवाल कॉलेज कामठी यांच्या शारीरिक शिक्षण विभागाच्यावतीने नुकतेच आठवडाभराच्या ऑनलाइन कार्यशाळेचे आयोजन करण्यात आले होते. या कार्यशाळेच्या समारोपीय कार्यक्रमात त्या बोलत होत्या.

याप्रसंगी प्रमुख पाहुणे म्हणून राष्ट्रसंत तुकडोजी महाराज नागपूर विद्यापीठाच्या शारीरिक शिक्षण विभागाचे संचालक डॉ. शरद सूर्यवंशी उपस्थित होते. या कार्यशाळेत संबोधित करताना डॉ. वर्तिका परिहार पाटील यांनी विद्यार्थ्यांना 'सक्सेस मंत्रा' विषयावर संबोधित केले. डॉ. परिहार पुढे म्हणाल्या, 'यश मिळवण्याचा कुठलाही शॉर्टकट नाही. त्यामुळे मेहनत, त्याग, सराव, सातत्य हेच यश मिळवण्याचे गमक आहे', असेही



डॉ. शरद
सूर्यवंशी



डॉ. वर्तिका
परिहार पाटील

प्रकारचे मित्र भेटतात. बरेचदा आयुष्यात काहीतरी करण्याचे ध्येय असलेले किंवा आपल्या ध्येयासाठी पाठबळ, प्रोत्साहन देणारे मित्र अत्यंत महत्त्वाचे ठरतात', असेही त्यांनी स्पष्ट केले. यावेळी डॉ. परिहार यांनी विविध उदाहरणे देत विद्यार्थ्यांशी संवाद साधला.

आठवडाभराच्या या कार्यशाळेत विविध क्षेत्रातील तज्ज्ञांनी विद्यार्थ्यांना संबोधित केले. याप्रसंगी बिंझाणी कॉलेजचे प्राचार्य डॉ. सुजित मेत्रे, एस. के. पोरवाल कॉलेजचे डॉ. एम. बी. बागडे यांनी या कार्यक्रमाच्या आयोजनामागील भूमिका विशद केली. डॉ. सूर्यवंशी यांनी या उपक्रमाचे कौतुक केले. आयोजन समितीचे सचिव संजय चौधरी यांनी पाहुण्यांचा परिचय करून दिला. सूत्रसंचालन प्रा. कल्पना मिश्रा यांनी केले. या कार्यशाळेचे समन्वयक डॉ. इंद्रजीत बासू, डॉ. राजेश अलोणे, डॉ. प्रशांत बांबल, डॉ. जयंत रामटेके, प्रा. मल्लिका नागपुरे आदी यावेळी उपस्थित होते.



Principal
S. B. City College
NAGPUR.

डॉ.
रक्त

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नेमके

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शारीरिक शिक्षण विभाग
मि. टा. प्रतिनिधी, नागपूर

'One has to be serious about goals'

LOKMAT NEWS NETWORK
NAGPUR, OCT 31

The Department of Physical Education and Sports, Shri Binzani City College, Umrer road, Nagpur and S. K. Porwal College, Kamptee District, Nagpur jointly organized a one week online workshop for students.

During the concluding function Dr. Vartika Parihar Patil, MBBS, MD spoke on success mantra.

WEBINAR

Dr. Sharad Suryawanshi, Director Dept. of Sports and Physical Education, RTM Nagpur University was the chief guest. On this occasion, Dr Sujit Metre (principal, Shri Binzani city college, Nagpur) motivated the students for this workshop. Dr M. B. Bagade (Principal, S. K. Porwal College, Kamptee) also encouraged students and was looking forward to jointly organizing the workshop for students on such an important topic,



Dr Sharad Suryavanshi



Dr Vartika Parihar

which is the need of the hour. Sanjay Choudhari, Secretary of the organizing committee introduced the chief guest Dr. Sharad Suryawanshi. He appreciated both the colleges for jointly organizing the one week online workshop for students in this pandemic situation. He also congratulated the organizing committee for involving different topics for the student's development.

Dr. Vartika Patil started her session with the success mantra. She said "Success is that million dollar word which everyone wishes to achieve in their lifetime but only a few can have it Why some people are achievers and some are not lies in the basic under-

standing of having a positive mindset and an attitude of success. To become something in life one has to be serious about ones goals. As the old saying goes There is no shortcut to success, and truly so as it requires hardwork, dedication, sacrifice, practice and consistency without inculcating these qualities its difficult to become a person of accolades. In student life there is more interaction with friends so it's very necessary to select similar goal orientated friends who inspire and bring out the best in you and not force or tempt you towards the vices of life because ultimately a man is known by the company he keeps" The programme was conducted by Prof. Kalpana Mishra. Dr. Indrajit Basu (convener of this workshop) introduced the guest speaker. All the committee members - Dr Rajesh alone, Dr Prashant Bambal, Dr Jayant Ramteke were present. The program was concluded by Prof Mallika Nagpure, who proposed the formal vote of thanks.

श्रीश विद्यालय वसुध
सार्वभौमिक शिक्षण विभाग
श्री विभाग, १०८ मधुसूदनवाडी, नागपूर

Nagpur First
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Principal
S. B. City College
NAGPUR.



NAGPUR SHIKSHAN MANDAL'S

SHRI BINZANI CITY COLLEGE

(S. B. CITY COLLEGE)

RE-ACCREDITED BY NAAC 'B++' (CGPA 2.87)

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- President
A. K. GANDHI | 2426883, 6619800
- Secretary
DR. HARISH RATHI | 9730037001
- Principal
DR. SUJIT G. METRE
9822714241

Ref. : _____

Date : _____

प्रति

मा. संपादक

स.न.वि.वि.

महोदय,

आमच्या महाविद्यालयात झालेल्या कार्यक्रमाचा वृत्तांत फोटोसह आपणाकडे पाठवित आहोत. कृपया आपल्या प्रसिद्ध वृत्तपत्रातून प्रकाशित करण्यात यावा, अशी विनंती आहे.
धन्यवाद.



आपला विश्वासू

प्राचार्य

श्री विज्ञानी नगर महाविद्यालय,
नागपूर

राष्ट्रीय क्रीडा दिन

नागपूर, दि. 31 ऑगस्ट, 2020

श्री विज्ञानी नगर महाविद्यालयात दि. 31 ऑगस्ट 2020 रोजी स्व. मेजर ध्यानचंद यांच्या जन्मदिवसानिमित्त 'राष्ट्रीय क्रीडा दिवस' हा कार्यक्रम Online Motivation Talk - Webinar च्या माध्यमातून संपन्न झाला.

कार्यक्रमाच्या सुरुवातीला स्व. मेजर ध्यानचंद यांच्या फोटोला माल्यार्पण करण्यात आले. कार्यक्रमाच्या अध्यक्षस्थानी महाविद्यालयाचे प्राचार्य डॉ. सुजित मेत्रे होते. अध्यक्षीय भाषणातून खेळाडूंना डॉ. सुजित मेत्रे यांनी सांगितले की, जीवनामध्ये ध्येय (लक्ष) असणे आवश्यक आहे. ध्येयाने प्रेरित होऊनच प्रयत्न केल्यास आपण यशस्वी होतो.

कार्यक्रमाचे मुख्य अतिथी डॉ. शरद सुर्यवंशी, संचालक, क्रीडा व शारीरिक शिक्षण, रा.तु.म. नागपूर विद्यापीठ, नागपूर यांनी आपल्या भाषणातून सांगितले की, खेळाच्या माध्यमातून अभ्यासासोबतच आपल्या व्यक्तिमत्त्वाचा विकास होतो. समाजाच्या जडणघडणीत महत्त्वाची भूमिका आपण पार पाडू शकतो.

कार्यक्रमाच्या विशेष अतिथी अरुंधती पानतावणे, आंतरराष्ट्रीय बॅडमिंटनपटू यांनी खेळाडूंना मार्गदर्शन करताना सांगितले की क्रीडा जीवनात परिश्रम, अनुशासन आणि जिद्द हे गुण अंगी बाळगणे अत्यंत आवश्यक आहे.

अतिथी परिचय क्रीडा व शारीरिक शिक्षण विभागाचे डॉ. संजय चौधरी यांनी करून दिला. कार्यक्रमाचे सूत्रसंचालन व आभारप्रदर्शन प्रा. कल्पना मिश्रा यांनी केले. कार्यक्रमाच्या यशस्वितेसाठी प्रा. राजेश खडके, प्रा. सुनिता मसने, प्रा. मोना चांडक यांनी सहकार्य केले. कार्यक्रमाला प्राध्यापक वृंद, खेळाडू आणि विद्यार्थी बहुसंख्येने Online उपस्थित होते.



विद्यार्थी, खेळाडूंनी आहार- फिटनेसला महत्त्व द्यावे

एस.बी. सिटी व पोरवाल
कॉलेजच्या कार्यशाळेत
मान्यवरांचा सल्ला

पुण्य नगरी / प्रतिनिधी

नागपूर : कोरोना व लॉकडाउनमध्ये सद्यःस्थितीत महाविद्यालय बंद असून विद्यार्थी घरीच आहेत. विद्यार्थ्यांनी रिकामे न बसता अभ्यासासह आहार, फिटनेस व मानसिकरीत्या सक्षम कसे राहता येईल याला महत्त्व द्यावे, असा सल्ला एस. बी. सिटी कॉलेजचा क्रीडा व शारीरिक शिक्षण विभाग आणि कामठीच्या एस. के. पोरवाल कॉलेजच्या संयुक्त विद्यमाने घेण्यात आलेल्या कार्यशाळेत मान्यवरांनी विद्यार्थी व खेळाडूंना दिला.



डॉ. शरद सूर्यवंशी डॉ. वर्तिका पाटील

व्यक्तीची वर्तणूक, पोशाख आणि सादरीकरण कसे असावे याबद्दल विद्यार्थ्यांना मार्गदर्शन किले. चौथ्या दिवशी फ्लाइट लेफ्टनंट (सेवानिवृत्त) शिवाली देशपांडे यांनी देशसेवा करण्यासाठी सैन्यदलात सहभागी होण्याची आवश्यकता नाही. समाजात राहूनही विविध प्रकारे योगदान देऊन देशाची सेवा करू शकतो. प्रत्येक विद्यार्थ्यांने हृदयात देशप्रेमाची भावना कायम ठेवणे आवश्यक आहे, असे मत

ऑनलाइन कार्यशाळा २६ ते ३१ ऑक्टोबरदरम्यान घेण्यात आली. कार्यशाळेचे उद्घाटन एस.बी.सिटी महाविद्यालयाचे प्राचार्य डॉ. सुजीत मेत्रे, एस.के. पोरवाल महाविद्यालयाचे प्राचार्य डॉ. एम.बी. बागडे यांच्या हस्ते करण्यात आले. पहिल्या दिवशी आहार व आरोग्यतज्ज्ञ डॉ. रोमा सरनाईक यांनी घरी असताना आहार कसे असावे, आरोग्याची काळजी कशी घ्यावी याबद्दल मार्गदर्शन केले. दुसऱ्या दिवशी वडाळा (मुंबई) येथील शारीरिक शिक्षण महाविद्यालयाच्या डॉ. सुषमा चौगुले यांनी विद्यार्थ्यांमध्ये निर्माण होणारे ताणतणाव व त्यापासून क्लेशा प्रकारे मुक्ती मिळवावी, याबद्दल माहिती दिली. एनसीसी गोल्डन ग्रुपच्या सोमा किरण किरण यांनी तिसऱ्या दिवशी व्यक्तिमत्त्व विकास, नोकरीसंदर्भात मुलाखतीला जाताना

व्यक्त केले. पाचव्या दिवशी पोरवाल महाविद्यालयातील शारीरिक शिक्षक डॉ. इंद्रजित बासू यांनी शारीरिक शिक्षण व खेळाडूंना भविष्यातील संधी याबद्दल माहिती दिली. शेवटच्या दिवशी डॉ. वर्तिका पी. पाटील यांनी यशस्वितेसाठी काय करावे आणि काय टाळावे याबद्दल मार्गदर्शन केले. समारोप कार्यक्रमाला राष्ट्रसंत तुकडोजी महाराज नागपूर विद्यापीठाच्या शारीरिक शिक्षण विभागाचे संचालक डॉ. शरद सूर्यवंशी, एस.के. पोरवाल महाविद्यालयाचे प्राचार्य डॉ. एम.बी. बागडे व एस.बी. सिटी महाविद्यालयाचे प्राचार्य डॉ. सुजीत मेत्रे उपस्थित होते. याप्रसंगी संयोजक डॉ. इंद्रजित बासू, आयोजन सचिव डॉ. संजय चौधरी, डॉ. राजेश अलोणे, डॉ. प्रशांत बांबल, डॉ. जयंत रामटेके उपस्थित होते.


कोशा विभाग नमते
शारीरिक शिक्षण विभाग
जे. विद्यापीठ - ५८ महाविद्यालय, ना



Principal
S. B. City College
NAGPUR.



Dept. of Sports & Physical Education
Shri Binzani City College, Nagpur
S. K. Porwal College, Kamptee
Arts College, Sihora
Shri Niketan Arts, Commerce College, Nagpur
D. D. Bhoyar College of Arts & Science, Mouda
are Jointly Organising

One Week Online Workshop for Students

GAMES - New Rules, Regulations and Benefit

Date : 07-12-2020 to 12-12-2020

Topic

Self Defense



Chief Guest
Dr. Sujit Metre
Principal
S. B. City College, Nagpur



Dr. Zakir S. Khan
Director, Phy. Edu.,
Anjuman College of Engineering
& Technology, Nagpur



Convener,
Organising Committee
Dr. Sanjay Choudhari
S. B. City College, Nagpur



Secretary,
Organising Committee
Dr. Indrajit Basu
Assistant Professor
S. K. Porwal College,
Kamptee



Co-Convener,
Organising Committee
Dr. Jaikumar Kshirsagar
Assistant Professor
Arts College, Sihora



Joint Secretary,
Organising Committee
Dr. Prashant Khalatkar
Assistant Professor
Shri Niketan Arts, Commerce
College, Nagpur

Organising Committee :

Dr. Rajesh Alone, Dr. Prashant Bambal, Dr. Jayant Ramteke
Prof. Kalpana Mishra, Prof. Mallika Nagpure



Link : <https://meet.google.com/sux-dyng-nvh>

Dept. of Sports & Physical Education

Shri Binzani City College, Nagpur

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Link : <https://meet.google.com/sxx-dyng-mvh>

'सेल्फ डिफेन्स' वरील कार्यशाळेचा समारोप



नागपूर : एस. बी. सिटी महाविद्यालयाचा क्रीडा विभाग, पोरवाल कॉलेज, कला महाविद्यालय सिहोरा, श्रीनिकेतन कला व वाणिज्य महाविद्यालय आणि मौदा येथील डी. डी. भोयर कला व विज्ञान महाविद्यालयाच्या संयुक्त विद्यमाने नुकतेच 'सेल्फ डिफेन्स' या विषयावर ऑनलाइन कार्यशाळेचे आयोजन करण्यात आले.

प्रमुख अतिथी डॉ. सुजीत मेत्रे यांच्या हस्ते कार्यशाळेचे उदघाटन झाले. आयोजन सचिव डॉ. इंद्रजित बसू यांनी परिचय करून दिला. अतिथी वक्ता अंजुमन अभियांत्रिकी व तंत्रनिकेतन महाविद्यालयाच्या शारीरिक शिक्षण विभागाचे डॉ. झाकीर खान यांनी मुलींना 'सेल्फ डिफेन्स' चे महत्त्व पटवून दिले. यावेळी त्यांनी स्वसंरक्षणाच्या विविध तंत्र व प्रकारांची सविस्तर माहिती दिली. कार्यशाळेसाठी संयोजक डॉ. संजय चौधरी, डॉ. जयकुमार क्षीरसागर, डॉ. प्रशांत खळतकर, डॉ. राजेश अलोणे, डॉ. प्रशांत बांबळ, डॉ. जयंत रामटेके, प्रा. कल्पना मिश्रा, प्रा. मल्लिका नागपुरे यांनी सहकार्य केले.

सहायक प्राचार्य

नागपूर, दि. १५.०५.२०२३

सहायक प्राचार्य, सीटी कॉलेज, नागपूर



Principal
S. B. City College
NAGPUR.

व्हॉलीबॉलवरील कार्यशाळेचा समारोप

सकाळ वृत्तसेवा

नागपूर, ता. १४ : एस. बी. सिटी महाविद्यालयाचा क्रीडा विभाग, एस. के. पोरवाल महाविद्यालय, कला महाविद्यालय सिहोरा, श्रीनिकेतन कला व वाणिज्य महाविद्यालय आणि मौदा येथील डी. डी. भोयर कला व विज्ञान महाविद्यालयाच्या संयुक्त विद्यमाने सुरू असलेल्या ऑनलाइन कार्यशाळेअंतर्गत 'व्हॉलीबॉल' या विषयावर मार्गदर्शन करण्यात आले. महाराष्ट्र राज्य व्हॉलीबॉल संघटनेच्या

पंच मंडळाचे अध्यक्ष पुरुषोत्तम पंत यांनी व्हॉलीबॉलचा इतिहास, नवीन नियम व खेळाचे तंत्र पटवून दिले. सुख्वातीला आयोजन सचिव डॉ. इंद्रजित बसू यांनी पंत यांचा परिचय करून दिला. कार्यशाळेला संयोजक डॉ. संजय चौधरी, डॉ. जयकुमार क्षीरसागर, डॉ. प्रशांत खळतकर, डॉ. राजेश अलोणे, डॉ. प्रशांत बांबळ, डॉ. जयंत रामटेके, डॉ. प्रशांत खळतकर आदी उपस्थित होते. प्रा. कल्पना मिश्रा यांनी संचालन केले. डॉ. जयकुमार क्षीरसागर यांनी आभार मानले.



क्षीर सागर
कार्यशाळा
की संस्था - २८ नवें महिन्यां, २०२३


Principal
B. B. City College
NAGPUR.

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Girls must strengthen themselves, says Dr Khan

■ Sports Reporter

SPEAKING on the topic of 'Self Defence', Dr Zakir Khan stressed that it was high time the girls needed to strengthen themselves. Khan was addressing a lot of students on opening day of the online workshop on 'Games: New Rules, Regulations and Benefits'.

The week-long online workshop is being jointly organised by Department of Sports and Physical Education, SB City College, Nagpur; SK Porwal College Kamptee; Arts College, Sihora; Shri Niketan Arts Commerce College, Nagpur, DD Bhojar College of Arts and Science, Mouda.

Girls must strengthen their capacity to defend themselves against attacks, said Dr Khan. In his session, Dr Khan said the top weapons are palm, elbow, nails, head, teeth, knee, shin, toes and heel (shoe). He showed important tricks and methods for escaping from wrist grabs (opposite hand, wrist grab and same hand, wrist grab and both hands) escaping holds from behind, hold from behind, front bear hug, escaping from front choke, ham-

mer strike, groin kick, heel palm strike, elbow strike, alternative elbow strikes, escape from a bear hug attack, escape with hands trapped, escape from side headlock.

Dr Khan also shared a self defence video clip that was very useful for girls. He also advised them to keep self defence and safety equipment like personal alarm wristlet, personal alarm keychain, mace pepper guard, defence pepper spray, exquisite purse defence pepper spray and clutch pepper spray. He also reminded them about the Women Helpline Number 1091 (toll free).

A large number of participants learned self defence techniques during the session.

At the outset, Organising Secretary Dr Indrajit Basu introduced the guest speaker Dr Khan, who is Black Belt 8th Dan, Director Physical Education, Anjuman College of Engineering and Technology, Sadar. He is the only person from central India



as Asian Karate Federation Referee, first PhD holder in karate from RTM Nagpur University and also holds many important post in various karate organisations.

Chief guest of the programme was Dr Sujit Metre. He inaugurated the workshop and motivated the students and the participants. Metre congratulated the five colleges that have come forward and jointly organising the one week online workshop for students.

The programme was conducted by Prof Kalpana Mishra who also proposed a vote of thanks.

Organising Convenor Dr Sanjay Choudhary, Organising Co-Convenor Dr Jaikumar Kshirsagar, organising Joint Secretary Dr Prashant Khalatkar and organising committee members Dr Rajesh Alone, Dr Prashant Bambal, Dr Jayant Ramteke, Prof Mishra and Prof Mallika Nagpure are contributing in conducting the event.

Bambal explains calculation of time lost in interrupted one-day matches

■ Sports Reporter

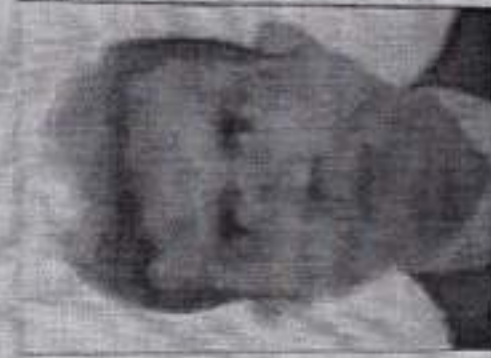
CALCULATION of time lost and setting the revised target in a one-day match interrupted by weather or other circumstances is a very tedious job. In his 'Workshop On Cricket' that was a part of the week-long workshop on 'Games: New Rules, Regulations and benefits', Dr Prashant Bambal explained in details many aspects of cricket including the calculation of time lost in a one-dayers due to interruptions.

Bambal, who is Associate Professor and Head of Department of Physical Education, SK Porwal College, Kamptee, a Level B cricket coach and Level 'O' trainer, spoke on the subject 'Rules and Regulation

in Cricket'.

Main aim of the speaker was to make the students aware of playing conditions of One Day Games, focus on time calculation in interrupted matches, no ball, field restriction and high pitched deliveries and result of match.

In second part of workshop, students were guided regarding their approach toward cricket and participation in various tournaments. Bambal informed the Zoom gathering about the age-group tournaments and how to move step by step from junior to senior and finally India level.



A large number of participants learned calculation of time in interruption match during the session.

This was second day of the online workshop organised jointly by five colleges—Department of Sports and Physical Education, SB City College,

Nagpur, SK Porwal College Kamptee, Arts College, Silhara, Shri Niketan Arts Commerce College, Nagpur, DD Bhojpur College of Arts and Science, Mouda.

Earlier, the Organising Convener Dr Sanjay Choudhari introduced guest speaker Dr

Bambal, Chief guest of the programme Dr Saji Metre had inaugurated the workshop and motivated the students, all participants and congratulated all the five colleges for coming forward to jointly organise the one week online workshop.

The programme was conducted by Prof Kalpana Mishra while Prof Malika Nagpure proposed a vote of thanks.

Organising Secretary Dr Indrajit Basu, Dr Choudhary, Organising Co-Convener Dr Jankumar Kshirsagar, Organising Joint Secretary Dr Prashant Khalakar and organising committee members Dr. Rajesh Alone and Dr. Jayant Ramteke are putting in dedicated efforts for the workshop.

SDYS' badminton...

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WORKSHOP ON GAMES, NEW RULES FROM TODAY

Correspondent

DEPARTMENT of Sports and Education of Shri Binzani College, Nagpur, SK Porwal, Kamptee, Arts College, Arts, Commerce College, and DD Boyar College of Science, Mouda will be organising one week online workshop for students on Games Rules, Regulations and workshop will be held

from Monday through google meet platform. On the opening day, the workshop will be held on Self Defence. Dr Zakir SKhan, Director, Physical Education Department, Anjuman College of Engineering and Technology, will be the resource person.

Dr Sanjay Chaudhari, SB City College, is the convener of organising committee of the workshop while Dr Indrajit Basu, Assistant Professor, SK Porwal College, Kamptee, is the Secretary.

Dr Jaikumar Kshirsagar Assistant Professor, Arts College, Sihora is Co-convenor and Dr Prashant Khalatkar, Assistant Professor, Shri Niketan Arts Commerce College, Nagpur the joint secretary of the organising committee.

The other members working hard for the success of the workshop include Dr Rajesh Alon Dr Prashant Bambal, Dr Jaya Ramteke, Prof Kalpana Mishra Prof Mallika Nagpur.

Patankar holds workshop on kho kho

■ Sports Reporter

CHHATRAPATI Awardee Prashant Patankar shed light on popular tag game kho kho that was invented in Maharashtra and is one of the two most popular traditional tag games in the Indian subcontinent, the other being kabaddi.

The sport is widely played across South Asia and has a strong presence in South Africa and England, said Patankar during his 'Workshop On Kho Kho' that was a part of the week-long workshop on 'Games, New Rules, Regulations and Benefits' on Wednesday.

Speaking from Mumbai, Patankar, who is Chhatrapati Awardee (Coach, 2015), Convener of Maharashtra Kho Kho Association (MKKA) and Kho Kho Federation of India (KKFI), HOD, Sports Department, Sahyadri Vidya Mandir, Bhandup, Mumbai and an International Referee, informed the participants in detail about the sport.

Patankar shared some history related to the tag sport. The traditional Indian sport is one of the oldest forms of outdoor sport, dating back to prehistoric India. The oldest form of kho kho is



match. The playing field is rectangular. It is 27 by 16 metres (89 ft x 52 ft) in size.

Earlier, Joint Secretary of the Organising Committee Dr Prashant Khalatkar introduced the guest speaker on third day of the online workshop organised jointly by five colleges — Department of Sports and Physical Education, SB City College, Nagpur; SK Porwal College Kamptee; Arts College, Sihora; Shri Niketan Arts Commerce College, Nagpur; D.D. Bhojar College of Arts and Science, Mouda.

A large number of students participated during the session. The workshop was successfully completed with the hard work of the entire organising committee led by Organising Secretary Dr Indrajit Basu, Organising Convener Dr Sanjay Choudhary, Organising Co-Convener Dr Jaikumar Kshirsagar and Organising Joint Secretary Dr Prashant Khalatkar. Organising Committee members are Dr Rajesh Alone, Dr Prashant Bambal, Dr Jayant Ramteke, Prof. Kalpana Mishra and Prof. Manu...

tions, Patankar said, that the sport is played by teams of 12 nominated players out of fifteen, of which nine enter the field who sit on their knees (chasing team), and 3 extra (defending team) who try to avoid being touched by members of the opposing team.

Kho kho a match consists of two innings with each inning consisting of chasing and running turns of 9 minutes each. One team sits on their knees in the middle of the court, 8 in a row, with adjacent members facing opposite directions.

Patankar explained main points and rules of kho kho including — the runner or the chaser is decided by toss. A match consists of two innings of chasing and defending teams.

form of Run and Chase which in its simplest form involves chasing and touching a person. Originating in Maharashtra, kho kho in ancient times was played on rath or chariots and was known as RATHERA, he informed.

He then explained its evolution. It was an adoption from the time of World War I in 1914. But at that time, there were neither any dimensions of the playground nor the poles which demarcate the central line. The time factor was also missing. The Deccan Gymkhana Club of Pune, Maharashtra so named and baptised by the great Indian leader Lokmanya Tilak and Bhai Narorkar drafted the first-ever kho kho rules and regulations which symbolised the metamorphosis of the game, soon to follow. Kho kho is a...

Volleyball has evolved over the years: Pant

■ Sports Reporter

SPEAKING during his 'Volleyball Workshop' that was part of the week-long online workshop on 'Games: New Rules, Regulations and Benefits', Purshottam Pant said the sports has evolved over the years.



over the boundaryline when serving, said Pant, Chairman, Referee Board, Maharashtra State Volleyball Association (MSVA), Vice-President of Nagpur District Volleyball Association, he has represented Sub-Junior National and also led Nagpur

University volleyball team in the year 1977-78.

At the outset, Dr Indrajit Basu of SK Porwal College and Organising Secretary introduced the guest speaker who is associated with volleyball for over 30 years.

Chief guest of the session was Dr Sanjay Khadale, Principal, DD Bhojar College of Arts and Science, Mouda. He encouraged the students for participating in the online workshop for various games and also congratulated the organising team.

The programme was conducted by Prof Kalpana Mishra while Dr Jaikumar Kshirsagar proposed a vote of thanks.

The online workshop organised jointly by five colleges — Department of Sports and

From a number of consistent techniques including spiking and blocking and the introduction of the libero player, volleyball has been evolving, informed Pant, adding that the sport has been a part of the official programme of the Summer Olympic Games since Tokyo 1964.

Pant in his workshop explained in detail about the rules and regulations of the sport and stated that the ball is usually played with the hands or arms, but players can legally strike or push (short contact) the ball with any part of the body.

Pant also stated the most common fouls committed in the sport — causing the ball to touch the ground or floor outside the opponent's court or without first passing over the net; catching and

Nagpur Shikshan Mandal's
SHRI BINZANI CITY COLLEGE
Umrer Road, Nagpur

DEPARTMENT OF PSYCHOLOGY

REPORT ON

A guest lecture organized in remembrance of Commemoration day of
Late Dr. Padmakar Pandhripande.

DATE : 15th Feb 2021

VENUE : Online platform (Zoom)

TOPIC : **OBSESSION WITH PERFECTIONISM**

PURPOSE / OBJECTIVE : Students will come to know that how people are forgetting themselves in the race of perfectionism of life and also lets them to control their obsession of perfectionism. Enabled students to know that obsession of perfectionism is bringing change in societies and identities and in what ways their thoughts and behaviour is changing . They'd come to know that how insecurities are building about how they perform , they look, they behave .

Dr. Alka S Kolhe from the Department of Psychology of the senior college did the inauguration following, Principal of our college Dr. Sujit G. Metre sir addressed as a president . Dr. SonalPaliwal ma'am from Hislop college ,Nagpur addressed the students on the topic " Obsession with perfectionism "as a speaker . The vote of thanks was given by Dr. Vaishali S Panbekar. On this day of commemoration of late Dr. PadmakarPandhripande all the teachers, administrative, officials and many students were present online.

CONCLUSION : This lecture helped the students to enhance understanding of thoughts in a realistic way. They understood how to look after themselves mentally and physically by ending the pursuit of perfection and starting the journey of self love .

TOTAL NO. OF PARTICIPANTS : 50

Department of Psychology

Askolhe
SP



Lee
Principal
S. B. City College
NAGPUR.

NAME OF THE ATTENDEES :

1. Dr. SujitMetre
2. Dr. SonalPalival
3. Harsh Ghaoghave
4. Dr. Afroz Shaikh
5. Anita Tekam
6. ArunVeladi
7. AshutoshShende
8. BanduGajbhiye
9. Damayanti
10. DivyanshiBokde
11. Dr.RupaliBhave
12. Dr. Narendra Raghatate
13. Dr.PallaviRajankar
14. Farah Yusuf
15. GayatriBangre
16. KalyaniGorle
17. MamtaThete
18. MeenalSatkar
19. MohiniBhervani
20. Mona Chandak
21. Om Hudekar
22. Pooja Jaiswal
23. PR.PoonamKhedkar
24. Dr.Pranjali Kane
25. PratikshaBhoskar
26. PritiJais
27. PunamBangde
28. RajshreeHirekhan
29. Ramma Kane
30. Rayan Mahajan
31. Reshankh
32. Dr. Sandeep Tundurvar
33. Sunitamasne
34. Swati Gode
35. Dr.VaishaliPanhekar
36. Dr Harish Rathi
37. Priya Joshi
38. Dr.AlkaKolhe
39. Dr.SangeetaSomvanshi
40. Dr.ArchanaAnturkar
41. KishorNaitam
42. BhaskarWaghaye
43. SudhaJangid
44. Dr.PriyankaPandeet
45. Dr.HarshaShende
46. RashiBisan
47. Neha Buradkar
48. PrathmeshDorlikar
49. BhurnikaLihare
50. MithileshRevatkar



Del

**Principal
S. B. City College
NAGPUR.**

Ana
2.



नागपूर शिक्षण मंडळा द्वारा संचालित
श्री विद्वाणी नगर महाविद्यालय, नागपूर
स्व. डॉ. पदमाकर पांडरीपांडे स्मृती व्याख्यान



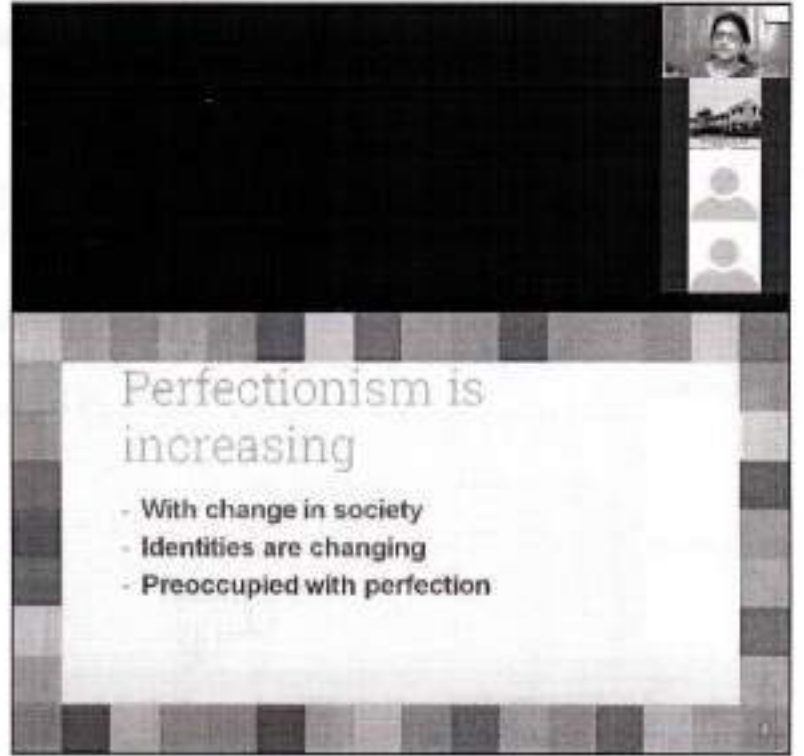
श्री सुशीलताजी मेत्रे
अध्यक्ष



सोनल पालीवाल
व्याख्याता
विषय: परिपूर्णतेचे वेड
(Obsession with
Perfectionism)

दिनांक : १५ फेब्रुवारी २०२१
वेळ : दुपारी १२:००

मानसशास्त्र विभाग
प्रा. पुनम खोडकर
डॉ. अरुणा कोल्हे
डॉ. वैशाली पान्हेकर



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Principal
S. B. City College
NAGPUR.

SHRI BINZANI CITY COLLEGE

Umrer Road, Nagpur

LIFELONG LEARNING AND EXTENSION CELL

Report (2020 - 2021)

1. Activity Name: *Guest Lecture on Krantijyoti Savitribai Phule Jayanti (3rd Jan 2021)*

Objectives:

1. To create awareness amongst the students about the property rights of women.
2. To help students find a platform in case they need direct or indirect help in this respect.

Procedure: Krantijyoti Savitribai Phule was commemorated by the Cell on 2nd Jan 2021 by garlanding her portrait. Principal Dr Sujit Metre presided over the function and Dr Mohini Bherwani, Librarian, was the Chief Guest. An Online **Gender Sensitization Program** was organized by Lifelong Learning and Extension Cell on **3rd January 2021** in honour of the great Krantijyoti Savitribai Phule on her Birth Anniversary. Principal Dr Sujit Metre presided over the program. Guest speaker Adv Mukta Ranade spoke on '**Women's Property Rights**' creating awareness amongst the students about the rights of women related to property. The program was conducted by Dr Pranjali Kane.

Youtube Link: <https://www.youtube.com/watch?v=6y4aRv-fF3E&t=199s>

Conclusion: Adv Mukta Ranade informed the gathering about the various property rights women have under the Constitution. She also informed them about the method one can follow in registering a complaint in case they feel that their rights are violated. As a result, the students were made aware of the gender discrimination prevalent in society and the legal solution to handle it.

Total no of participants: (Youtube viewership: 256 views)



2. Activity Name: *Guest Lecture – International Women’s Day (8th March 2021)*

Objectives:

1. To create awareness amongst students about Cyber crimes.
2. To inform the students about the various provisions in laws and the agencies they should approach to protect themselves.

Procedure: An Online Guest Lecture on **Women’s Safety in Digital World: Role of Law and Agencies’** by Dr Pratima Lokhande, Assistant Professor, Department of Law, Dr Ambedkar College, Deekshabhoomi, Nagpur, was organized on 8th March 2021 on the occasion of International Women’s Day. Principal Dr Sujit Metre presided upon the program. He spoke about the purpose of gender equity, linkage between gender parity and economic growth and the role it plays in forming policies.

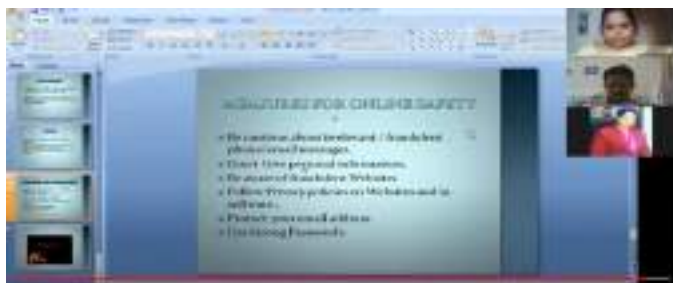
The program was conducted by Dr Pranjali Kane, Incharge, Lifelong Learning & Extension Cell. The vote of thanks was proposed by Dr Narendra Raghatate, Incharge, NSS.

Conclusion: The program was conducted with the intention of informing students about the new ways in which the girl students can be trapped while using Digital platforms. The students were informed about the ways to protect themselves from such incidents. The recording of the program is available on YouTube.

YouTube Link: <https://www.youtube.com/watch?v=UK7EgqEw-JA&t=511s>

YouTube viewership: 137 views

Feedback Link: <https://forms.gle/72rpxq5Yq6ZQLhrq7> – A feedback was also collected of the participants. Around 77 responses were recorded. Almost 50% of the participants could answer the technical questions pertaining to the provisions in law about cyber crime. More than 83% participants wanted such programs to enhance their knowledge.



3. Activity Name: *Financial Literacy for Youth (24th March 2021)*

Financial Education Webinar was conducted by Dr Sujit Metre, Principal & SEBI empaneled Financial Education Resource Person for the students of B.Com, BBA and B.Com (CA) on 24th March 2021. 67 students attended the online session.



4. **Activity Name: Interactive session on the occasion of *World Menstruation Day - (28th May 2021)***

Objectives:

1. To instruct the girl students about menstrual hygiene in a professional way.
2. To inform the participants of the alternate method to sanitary napkins thereby reducing biowaste.
3. To provide a platform to the participants to openly talk about menstruation.

Procedure:

Celebration of World Menstruation Day – An Online interactive Session was organized by IQAC, Women's Security Cell and Lifelong Learning & Extension Cell, in which Dr Vaidehi Marathe, President, Nagpur Gynecological Society and Director, MAHER, Maternity and Nursing Home, Nagpur, conducted a session on **Menstruation Hygiene** for the girl students on 28th May 2021. Around 52 participants attended the program. Dr Marathe instructed the participants with the do's and don't's of menstrual hygiene. She also advocated a positive outlook towards life by acceptance of the Self.

Conclusion: The methods to maintain menstrual hygiene and the hazards related to it gave an insight to the participants. The participants could freely talk about the problems they face physiologically as the Resource Person was a gynecologist. They could know about the alternate methods to using sanitary napkins which poses to be a threat to the wellbeing of individuals and to society too.



Dr Pranjali Kane
Incharge

Lifelong Learning & Extension Cell



Dr. Sujit Metre
Principal

S B City College, Nagpur

SHRI BINZANI CITY COLLEGE,

UMRER ROAD, NAGPUR.

REPORT

“PHILOSOPHY DEPARTMENT PROGRAMME”

(Dt. 22nd April 2021)

Philosophy department of Shri Binzani City College, Nagpur organized ONLINE lecture on 22nd April 2021 at 11.00 AM. The topic of lecture was “**Mental Health, Yoga & Meditation for Professional Excellence**”.

The speaker of the programme was **Dr. Vijay Srinath Kanchi (Librarian, Moolji Jaitha College, Jalgaon)**. The programme was presided over by Dr. Sujit Metre, Principal of our college.

Dr. Vijay Srinath Kanchi gave the detailed meaning of Mental Stages, Mental Health, what is mind?, how it works when active mode and when sleeping?, Neurological connection. He shed light on various applications in our personal and social life. He also told about the various theories related to Professional Excellence. He also focused light on his latest published book on ‘Sleeping to Dream and Dreaming to Wakeup’ and its other theories related to them. He also focused on how we manage stress and how to control over it. Students were given knowledge about dream theory, Yoga and Meditation. He told about Satva, Raja & Tama and its effect on mind, Chitta Bumi, Chitta Vrutti and Ashtanga Marga of Yoga Philosophy for Salvation.

Dr. Sujit Metre offered his wishes for the success of programme. Dr. Narendra Raghatate HoD. Philosophy gave introductory remarks, and vote of thanks proposed by Dr. Narendra Gharat, HoD Marathi. Number of Teaching, Non-teaching staff and students got benefit through ONLINE Zoom platform and YouTube also and made this program success.

Zoom ID :- 4141513581

Password :- k8GK3x

Zoom Link :- <https://us02web.zoom.us/j/4141513581?pwd=Ynl1cFQxdGRZS29tdzdqanBoamlnQT09>

YouTube Link :- https://www.youtube.com/channel/UCOFDknC4cQefc5_L7GuRgOQ





**Nagpur Shikshan Mandal's
SHRI BINZANI CITY COLLEGE
Umrer Road, Nagpur**

**The Department of Philosophy
is organizing an**

**Online Lecture
On**

**Mental Health, Yoga & Meditation
for Professional Excellence**



Speaker : Dr. Vijay Srinath Kanchi

(Librarian, Moolji Jaitha College, Jalgaon)

22.4.2021 Thursday

11.00 am

**ON ZOOM
PLATFORM**

Zoom ID :- 4141513581

Password :- k8GK3x

Zoom Link :- <https://us02web.zoom.us/j/4141513581?pwd=Ynl1cFQxdGRZS29tdzdqanBoamlnQT09>

Youtube Link :- https://www.youtube.com/channel/UCOFDknC4cQefc5_L7GuRgOQ

Regards

**HoD, Philosophy
Dr. N. V. Raghatate
Shri Binzani City College
Nagpur**

**Principal
Dr. Sujit Metre
Shri Binzani City College
Nagpur**

**IQAC Co-ordinator
S.B. City College, Nagpur**



**Principal
S.B. City College, Nagpur**

Shri Binzani City college
Umrer road, Nagpur

CAPACITY BUILDING & SKILL DEVELOPMENT ACTIVITY
FOR YOUTH

‘SKILLOPDIA’

Report

1st Day of Seminar:- First shift

This session hold on 10th May, 2021 at 11:00AM to 12:00PM. Topic was self motivation and speaker Dr. Rucha Lohi.

Second shift:-

This session hold on 10th May, 2021 at 12:30PM to 1:30PM. Topic was interpersonal communication and speaker Dr. Vaishali Rahate.

2nd Day of Seminar:- First shift


This session hold on 11th May, 2021 at 11:00AM to 12:00PM. Topic was emotional intelligence and speaker Dr. Shiney Chib.

Second shift:-

This session hold on 11th May, 2021 at 12:30PM to 1:30PM. Topic was Effective Communication and speaker Dr. Hetal Gaglani

Participants:- 64 students & 5 Teachers




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SKILLOPEDIA REGISTERED

Sr. No.	Date & Time	Email ID	Mobile No	College	Class	Sem	Name of Students
1	7/5/2021 18:08	tasmiyakhanta su1@gmail.com	9561660783	S. B. city	BBA	VIII	Tasmiya firdos salim khan
2	7/5/2021 18:09	badalthakre28 @gmail.com	7888204220	sb city	BBA	VI	Badal thakre
3	7/5/2021 18:11	bhumigajbe20 00@gmail.com	7350967660	Binzani city college ,Nagpur	BBA	VI	Bhumika sachin gajbe
4	7/5/2021 18:19	kunaldarwheka r039@gmail.com	8459562730	S.B CITY	BBA	VIII	KUNAL Vilasrao Darwekar
5	7/5/2021 18:25	apurvabaviska r0096@gmail.com	8806506361	Shri Binzani City College	BBA	VI	Apurva Vasantarao Baviskar
6	7/5/2021 18:33	mohit1997was nik@gmail.com	9763101454	Shri binzani city clg	BBA	VI	Mohit wasnik
7	7/5/2021 18:51	vrushabhkhop de568@gmail.com	6208058711	Shir binzani City College	BBA	VI	Vrushabh khopde
8	7/5/2021 20:02	vidyasharnagat 1003@gmail.com	8408977717	Shri binzani city college	BCOM	VI	Typing
9	7/5/2021 20:04	anushkadhote 06@gmail.com	8788593317	Shree Binzani city College	BCOM	VI	Anushka Dnyaneshwar Dhote
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11	7/5/2021 20:04	chaitanyapawa rc050@gmail.com	9326889956	Shri Binzani City College, Nagpur	BCOM	VI	CHAITANYA CHANDRASHEKH AR PAWAR
12	7/5/2021 20:08	krantishrirang @gmail.com	8087193500	Shri binzani city college	BCOM	VI	Kranti narendra shrirang
13	7/5/2021 20:14	Pratijumle@4 07gmail.com	9145245201	Shri binzani city college	BCOM	VI	Pratiksha vijay jumle
14	7/5/2021 20:14	sakshirangari1 9@gmail.com	8378086327	Shri Binzani city college	BCOM	V	Sakshi Rajesh Rangari
15	7/5/2021 20:21	sakshiambekar 188@gmail.com	9511294356	Shri Binzani city college Nagpur	BCOM	VI	Sakshi Ambekar
16	7/5/2021 20:23	madhurirohad4 4@gmail.com	9156330941	Shree binzhani city college	BCOM	VI	Madhuri rohad
17	7/5/2021 20:46	alinasayyad69 @gmail.com	7083057616	S.b city college	BCOM	VI	Alina sayyad
18	7/5/2021 21:07	sonkusareadar sh80@gmail.com	7757947453	Shri Binzani City College	BCOM	VII	Adarsh Tulshidas Sonkusare
19	7/5/2021 21:10	akanshasharm a3020@gmail.com	7020618105	S B City College	BCOM	VI	Akansha Sharma
20	7/5/2021 21:15	komaljangle61 8@gmail.com	8806376148	Shri Binzani city college of sakkardhara	BCOM	VI	Komal Rajkumar Jangle
21	7/5/2021 21:23	mhaiskarsejal @gmail.com	7768903743	S.B. city college	BCOM	VI	Sejal mhaiskar
22	7/5/2021 21:35	ramanhed800 @gmail.com	7350373948	City binzani college	BCOM	VI	Raman Gajanan hed800
23	7/5/2021 21:46	nikitameshram 80@gmail.com	7218875651	Binzani city college	BCOM	VIII	Nikita Meshram



24	7/5/2021 22:52	shrutilinge7@gmail.com	8698709680	Shri Binzani City College.	BCOM	VIII	Shruti Chandrashekar Linge
25	7/5/2021 23:03	jeeteshshivhare70@gmail.com	8208472912	Shri binzari city college	BCCA	VI	Jeetesh balram shivhare
26	7/5/2021 23:08	twan.noka111@gmail.com	8552098991	Shri Binzani City College	BBA	VI	Ritika Rajesh Tiwari
27	7/5/2021 23:15	janhvimorghade@gmail.com	9146889552	Shri binzari city college	BCOM	VI	Janhvi Anil Morghade
28	7/5/2021 23:33	dhotkarshubham1996@gmail.com	8956925552	Shree Binzani City College	BCCA	VI	Shubham vatan Dhotkar
29	8/5/2021 5:46	deepikanave2205@gmail.com	9579804423	Shri Binzani City College , Nagpur	BCCA	VI	Deepika Shankar Bopinwar
30	8/5/2021 6:30	pranayghugal97@gmail.com	7773946300	S. B City College Nagpur	BCCA	VI	Pranay Kisna Ghugal
31	8/5/2021 7:05	gaunisathavne@gmail.com	9765778548	shri binzani city college	BCCA	VI	gaun gajanan sathavne
32	8/5/2021 7:20	gajanan.271197@gmail.com	9834904061	Shree binzani city college	BCCA	VI	Gajanan p patil
33	8/5/2021 7:45	vaishali7385581401@gmail.com	7385581401	Shree Binzani city college	BBA	V	Vaishali
34	8/5/2021 8:19	ankitabelkhode7758861417@gmail.com	7758861417	S.b.city clg	BCCA	VI	Bhawana belkhode
35	8/5/2021 8:54	dakshdarokar2001@gmail.com	9075838551	S b city college	BCCA	VI	Dakshraj Ratnakar Darokar
36	8/5/2021 9:07	roshanichanne456@gmail.com	8421634992	Shri binzani City College	BCOM	V	Roshani Pramod channe
37	8/5/2021 9:23	pranjalgouri2571@gmail.com	8485008015	Shree Binzani City college Nagpur	BCCA	VIII	Pranjal Bangre
38	8/5/2021 9:26	hitendrakale00@gmail.com	8657372241	Shari binzani city college	BCCA	VI	Hitendra kale
39	8/5/2021 9:27	swapnilnavlakhe17@gmail.com	9156474041	Shree binzani city college	BCOM	VI	Swapnil navlakhe
40	8/5/2021 9:39	jegisonalprakash@gmail.com	9028012207	S.B City	BCCA	VI	Sonali PrakashJogi
41	8/5/2021 9:53	snehadharmik7@gmail.com	9168718558	Shri binzani city college	BCCA	VI	Sneha dharmik
42	8/5/2021 10:03	sarangchanne41@gmail.com	8668451639	Shree binzani city college	BCCA	VI	Sarang channe
43	8/5/2021 10:10	wandharerashmi5@gmail.com	7517793623	Binzhani city college.	BCCA	VI	Rashmi wandhare
44	8/5/2021 10:10	asfiyaa150@gmail.com	9373092592	Shri Binzani City College	BCCA	VI	Asfiya Akhtar
45	8/5/2021 10:22	pratikhudke11@gmail.com	7758937088	Shri city binzani nagpur	BCCA	VIII	Pratik
46	8/5/2021 10:28	pallavichutke873@gmail.com	8805296917	Shri binzani City College Nagpur	BCOM	VI	Pallavi Sanjay Chutke
47	8/5/2021 10:49	komalmataghare1999@gmail.com	8600788950	Shree binzani college	BCOM	VI	KOMAL DEVRAO MATAGHARE



48	8/5/2021 11:41	payal16mandurkar@gmail.com	7972384530	S b city college nagpur	BCCA	VI	Payal sunil mandurkar
49	8/5/2021 11:43	ankitaraui039@gmail.com	8766455149	S. B. City College, Umred Road	BCCA	VI	Ankita Dinesh Raut
50	8/5/2021 17:31	amikshamadaria@gmail.com	7843028263	Sb. City college Nagpur	BCCA	VI	Amiksha Madaria
51	8/5/2021 18:12	shendekanchan80@gmail.com	9284468238	S.B. City College, Nagpur	BCCA	VI	Kanchan Prakash Shende
52	8/5/2021 20:20	vaishnaviwalke00@gmail.com	9146787853	Shri binzani city college	BCOM	VI	Vaishnavi walke
53	9/5/2021 8:24	ayushchavan2099@gmail.com	9689080674	Shri binzani city college	BBA	V	Ayush Vilas Chavan
54	9/5/2021 8:35	rakeshemane786@gmail.com	8605650548/8626098324	Shri Binzani City College Nagpur	BCCA	VIII	Rakesh Hemane
55	9/5/2021 10:46	ankitafendar1404@gmail.com	8149871147	Shri Binzani city college	BCOM	VI	Ankita Dipak Fendar
56	9/5/2021 22:02	nikhilbirgodiya1809@gmail.com	7558355417	Shri binzani city college	BBA	VI	Nikhil radheshyam birgodiya
57	9/5/2021 23:02	badalw.2000@gmail.com	7447211383	Shri Binzani City College Nagpur	BCOM	VI	Panchbhai Badal Wamanrao
58	9/5/2021 23:09	moonaarti21@gmail.com	7758926679	Shri binzani city college	BBA	VI	Aarti moon
59	9/5/2021 23:29	akashbhoyar77220@gmail.com	9284491600	Shri Binzani City college	BBA	VI	Aakash Prakash Bhoyar
60	10/5/2021 5:16	narendratarone2@gmail.com	8459136603	S. B. City College Nagpur	BCOM	VI	Narendra Subhashji Tarone
61	10/5/2021 9:25	raniibawane123@gmail.com	9689483595	Sbct college Nagpur	BBA	VI	Rani raghunath bawane
62	10/5/2021 12:05	nilammansiraut12@gmail.com	9175572072	Mansi Raut	BCOM	VI	Mansi Raut
63	10/5/2021 23:24	nikhiljambhulkar1990@gmail.com	8308942733	Shri Binzani City College	BCOM	VI	Jambhulkar Nikhil Sunil
64	5/23/2021 11:35:09	maryiahhd8@gmail.com	9511895245	SB City College	BCOM	VI	Mariyah Taher Ariwala



Dre
Principal
S. B. City College
NAGPUR.

Nagpur Shikshan Mandal's
SHRI BINZANI CITY COLLEGE
Umrer Road, Nagpur
Department of Psychology Organized

'Psychology Intervention during pandemic: An activity for the students'
on 31st May 2021.

Mode of Program: Online

Objectives:

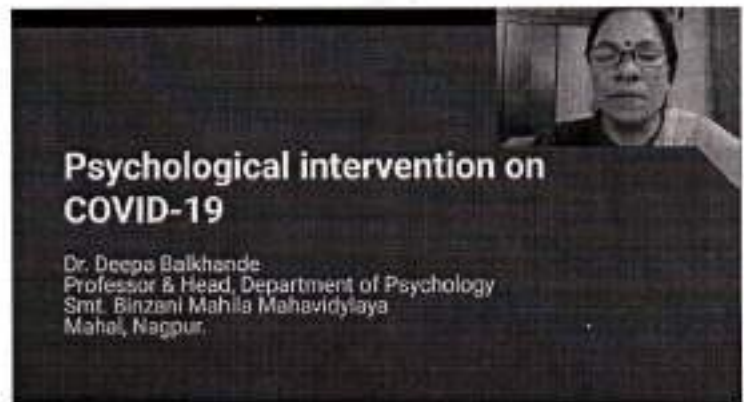
Helping the students how to control anxiety, feeling in difficult situations like pandemic. During this pandemic situations, we have to keep busy with different activities such creativity, doing online courses and some interventions like kindness, empathy, meaning oriented, optimistic interventions.

Process:

First, we took permission from our college then we invite guest for the session. Dr. DeepaBalkande was the guest speaker for the session. Dr. AlkaKolhe hosted the session and vote of thanks given by Dr. VaishaliPanhekar.


Conclusion:

After the session, students had understood how to keep ourselves positive and stable in difficult situations.



Number of participants: 52




Principal
S. B. City College
NAGPUR.



NAME OF THE ATTENDEES :

1. Dr. AlkaKolhe
2. Shri Binzani City College
3. Dr. DeepaBalkhande
4. Anita Tekam
5. AtishRathod
6. BhumikaLihare
7. Bitty Chandankhede
8. Damayanti Mate
9. Dr. PallaviRajankar
10. Galaxy C7 Prob
11. GeetaWagh
12. HrutiyaGhonge
13. Dr. Kalpana Mishra
14. KarishmaKhandate
15. LaxmiChandrakar
16. MadhulikaSontakke
17. Dr. SudhaJangid
18. Dr. SujitMetre
19. Harsh Ghaoghave
20. Dr. Afroz Shaikh
21. ArunVeladi
22. AshutoshShende
23. BanduGajbhiye
24. Dr. RupaliBhave
25. Dr. Narendra Raghatate
26. Dr. PallaviRajankar
27. KanchanUkey
28. Gopal Hiwarkar
29. GeetaWagh
30. PritiJais
31. PunamBangde
32. HimanshuBagde
33. Priya Joshi
34. PayalPathode
35. ShitalThakre
36. KarishmaBhoyar
37. PallaviJunghare
38. Shraddha Arun
39. MayurKadu
40. MeghaKhobragade
41. Dr. PoonamKhedkar
42. VaishaliJamthe
43. Shweta Wangal
44. SunitaMasne
45. PriyaLimathe
46. Sanjay Potrajwar
47. Gaurav Shankarji
48. PratibhaWankhede
49. DurgaMadavi
50. Dr. VaishaliPanhekar
51. IshaGajbhiye
52. Neha Buradkar

Aud
B.



Dee
Principal
S. B. City College
NAGPUR.

Nagpur Shikshan Mandal's
Shri Binzani City College, Nagpur
Umrer Road, Nagpur

Report On
‘वर्तमान काल मे भाषा के अध्ययन का महत्व’

“ The Importance of study of Language at present ”

The Online programme is systematize for all language students and literary person organized by Department of Sanskrit & Hindi Collaboration on 1st June 2021 at 1 p.m. through Zoom Link.

College : Shri Binzani City College , Nagpur

Event : The Importance of study of Language at present

Date : 1st June

Venue : Online Platform (Zoom)

Purpose/Objective :- Enables the students to –

1. Develop their intellectual, personal and professional abilities
2. Share their ideas, thoughts, feeling with others
3. Improve memory, problem – solving and critical thinking skills

Process : The guest of this programme Dr. Manoj Pandey

(H.O.D of Hindi Dept. of RTM Nagpur University, Nagpur) introduced a motivational speech on relevant topic. The President of this programme was Dr. Sujit Metre (Principal of S.B.City College)

Dr. Pallavi Rajankar (Dept. of Sanskrit) compered the ovation programme while Dr. Sudha Jangid & Dr. Priyanka Pandit (Dept. of Hindi) conducted the proceedings of complete programme and proposed the vote of thanks

Conclusion : The programme helped to enhance the students to consider the role of language in learning and start out from the assumption that language, and more particularly, linguistic interaction with other people is a key aspect of learning.

Total no. of Participants - 22



IQAC Co-ordinator
S.B. City College, Nagpur



Principal
S.B. City College, Nagpur



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Nagpur Shikshan Mandal's

Shri Binzani City College

Umrer Road, Nagpur

Department of English

CAREER ORIENTED DIPLOMA COURSE

Communication Skills and Personality Development

From 3rd June 2021 to 14th June 2021 Time : 10.00 am to 11.00 am

- 1  Registration form link :
<https://forms.gle/FbCX4f3iekUxczdA>
- 2  Google Classroom Link:
<https://classroom.google.com/c/MzQ5NzgyNzQwMzIz?cjc=pzq7lda>
- 3  ZOOM Link:
<https://us02web.zoom.us/j/7785663101?pwd=UHHReUZCMWVxbG1PcEhwWIRkVzk4QT09>
Meeting ID: 778 566 3101 Passcode: g5shGR

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❖ Resource Persons ❖



Mr. Mander Moroney
Journalist,
Maharashtra Times



Dr. Renuka Roy
Asso Prof (English)
S K Porwal College,
Kamptee



Mrs. Vasundhara Kashikar
Director@ iTransform skill
enhancers private limited.
Professional anchor/writer/
language consultant



Vrushali Deshpande
Professional Translator, Anchor,
Copy, Content & Script writer,
Voice over Artist in industry



Dr. Shraddha Deshpande
HoD (English)
Dharampeth M P Deo Memorial
Science College, Nagpur



Dr. Kanchan Joshi
HoD (English)
Shriniketan Arts and
Commerce College, Nagpur



Dr. Nandita Mane
Asst Prof (English)
Matru Sewa Sangh Institute
of Social Work, Nagpur



Shri Harshvardhan Nimkhedkar
Advocate and Former Journalist



Dr. Roopal Deshpande
Asso Prof (Architecture)
Smt Manoramabai Mundle
College of Architecture, Nagpur



Dr. Pranjali Kane
Asst. Professor (English)
IQAC Coordinator
Shri Binzani City College,
Nagpur



Dr. Sujit Metro
Principal & Chairman, IQAC,
S. B. City College, Nagpur

S B City College,
Umrer Road, Nagpur
UGC Approved Career Oriented Diploma Course
2020-2021
Conducted from 3rd June to 14th June 2021
by the Department of English





















List of Students :

84 students

- akashyap 1996
- Akhtar Ali Sheikh
- AmishaJangde - 7719927176
- Anita Tekam - 8380014105
- Anjali ashok Jadhav G4
- Anup Neware
- Archanasayre - 8793535487
- Ashwini Vijay Batthe
- BhagyashreeLonare - 7741091146
- BhumikaYadav - 9673313617
- Goyal Meshram - 8856921324
- Kalyani Rajankar - 8530249281
- Kirti Tapase
- KOMAL BHONGE
- madhuribire
- manishadikondwar
- Maya Gaidhane
- Mona Shende -
- Monika Borikar - 899955471



JKane

-  akashyap 1996
-  MONIKA KAMBLE -
-  nandini badge - 7498188849
-  Pranali Chanekar - 9923448590
-  renusahu -
-   RoshaniHiwarkar - 9545756458
-  rupalhiwarkar
-  RutujaGhonge - 8600885739
- Sachin Manji - 8275710629
-  Sakshi Moharil - 7028830653
-  Samiksha Khobragade - 7276250668
-  Sanju Uikey
-  S  apnilkodwate - 9158971169
-  Shivani Rambhad - 7020810850
-  Shradha Barapatre - 8446899570
-  Shradha Sayam - 9284020701
-  Shruti Kadhao - 7385338501
-  Shweta Barlawar -
-  suchitapillewan - 8010102028
-  S SuyashGunshettiwar - 9049084224



Jokane

-  akashyap 1996
-  Vandana Sherkar - 8830634532
-  Vedanti - 9518783268
-  Vrushali Pande - 8624858939
-  D. DivyaNikhare - **8857032454**
-  Yasmin Qureshi - 7841851526
44. Rakhi Bhange - 7666383122

45. Kanchan Vishwakarma - 8421963064
46. Harshal Thakre - 7038384573
47. Pallavi Gajbhe - 8605994386
48. Neha Nandanwar - 9604440933
49. RavinaKhare - 7796687868
50. Roji Bhute - 9130613038
51. Arsalan Sheikh - 7397928426
52. Meherunissa Shah - 8600616817
53. Pooja Mourya - 7796051445
54. Sahil Deshpande - 9112033400
55. MonuWasnik - 9850606006
56. Darshana Madavi - 9119580050
57. Monika Borikar - 8999554571
58. Nandini Badge - 7498188849
59. Ashwini Golange - 7030337283
60. Goyal Meshram -
61. Shivani Rambhad - 7020810850
62. Arti Mandal - 7517658371
63. Shweta Wangalwar - 7558796266
64. Sarangi Sathawane




JSKame

4
End

65. Natasha Sontakke
66. AmishaJangde - 7719927176
67. Amit Meshram - 7276886202
68. Archana Sayre - 8793535487
69. Ashwini Tambaskar - 9527698195
70. Bhumika Shende - 7709577653
71. Harsh Dhone - 9309989178
72. Kirti Tapase - 9834894915
73. Maheshwari Navkhare - 8446516974
74. Manisha Dikondwar - 8605202565
75. Nalini Satwai - 7387139789
76. Nikhil Kapse - 9022047091
77. Om Hagwane - 7038533201
78. PratikshaTitarmare - 9657607710
79. RenuSahu - 7276182622
80. Sakshi Khapekar - 9075628212
81. Samiksha Admane - 9096089447
82. Shikha Shukla - 9518378227
83. Shivani Wankhede - 7666369427
84. TanuChandankhede - 7038474728


Dr. Pranjali S. Kane
Assistant Professor (English)
Shri Binzani City College,
Umrer Road, Nagpur




Principal
S. B. City College
NAGPUR.



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Nagpur Shikshan Mandal's

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CAREER ORIENTED COURSE

Communication Skills and Personality Development

From 3rd June 2021 to 14th June 2021

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❖ Resource Persons ❖



RJ Divya Choube
RJ Radio Mirchi



Dr. Mukta Chavan
Founder,
PRAYAS - Make Learning Fun!



Dr. Hetal Gaglani
Founder,
MyBook Academy



Mr. Sarang Gedam
Founder S N Capital



Dr. Rachnaa Daley
Quest Edustation,
Indore



Dr. Rashmi Gupta
Asst. Professor,
DAIMSR,
Deekshabhoomi, Nagpur



Dr. Aniruddha Bodhankar
Asso. Professor,
DAIMSR,
Deekshabhoomi, Nagpur



Dr. Jyotsna Golhar
Associate Professor,
Vidyalankar Institute of
Management, Mumbai



Dr. Sujit Metre
Principal
S. B. City College, Nagpur

Register Now at :

<https://forms.gle/j2DPQj3VxuvSbUUy7>



Personal Development is a Major Time - Saver.
The Better you become, the less time
It takes you to Achieve your goals.

- Brian Tracy



Step 1: COC Registration Link: <https://forms.gle/j2DPQj3VxuvSbUUy7>

Step 2: Google Classroom Link: <https://classroom.google.com/c/MzQ5NzgyNzQwMzM5?cjc=zfqsqfl>

Step 3: Zoom Link: <https://us02web.zoom.us/j/7785663101?pwd=UhhReUZCMWVxbG1PcEhwWIRkVzk4QT09>





Nagpur Shikshan Mandal's

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Department of English

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RJ Radio Mirchi



Dr. Mukta Chavan
Founder,
PRAYAS - Make Learning Fun!



Dr. Hetal Gargani
Founder,
MyBook Academy



Mr. Saang Godson
Founder B N Capital



Dr. Rachna Dastoy
Guest Education,
Indore



Dr. Rashmi Gupta
Asst. Professor,
DAIMSR,
Deekshabhoomi, Nagpur



Dr. Aniruddha Bodhanekar
Asso. Professor,
DAIMSR,
Deekshabhoomi, Nagpur



Dr. Jyotima Gohar
Associate Professor,
Vidyalankar Institute of
Management, Mumbai



Dr. Sujit Metre
Principal
S. B. City College, Nagpur

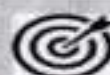
Register Now at :

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Step 2: Google Classroom Link: <https://classroom.google.com/c/MzQ5NzgyNzQwMzM5?cjc=zfqsfql>

Step 3: Zoom Link: <https://us02web.zoom.us/j/7785663101?pwd=UHhReUZCMWVxbG1PcEhwWlRkVzk4QT09>



ADVANCED Diploma in Communication Skills and Personality Development

Day	Date	11.15-12.15 1 Hour	12.30 -1.45 1.5 Hours	2.15-3.45 1.5 Hours	3.45 - 4.15PM 1 Hour	Topic	Resource Person
1	3 June 2021	Live Class	Video Lecture	Experiential Assignment	Live Doubt Solving & Assessment	Team Building	RJ Divya Choube, RJ Radio Mirchi
2	4 June 2021	Live Class	Video Lecture	Experiential Assignment	Live Doubt Solving & Assessment	Emotional Intelligence	Dr. Muktai Chavan, Founder, PRAYAS - Make Learning Fun!
3	5 June 2021	Live Class	Video Lecture	Experiential Assignment	Live Doubt Solving & Assessment	Personality types	Dr. Hetal Gaglani, Founder, My Book Academy
4	6 June 2021	Live Class	Video Lecture	Experiential Assignment	Live Doubt Solving & Assessment	Personality and Spirituality	Mr. Sarang Gedam Founder S N Capital
5	7 June 2021	Live Class	Video Lecture	Experiential Assignment	Live Doubt Solving & Assessment	Panchsatva of Personality Development	Dr Rachnaa Datey- Quest Edustation Indore
6	8 June 2021	Live Class	Video Lecture	Experiential Assignment	Live Doubt Solving & Assessment	Personal branding	Dr Rachnaa Datey- Quest Edustation Indore
7	9 June 2021	Live Class	Video Lecture	Experiential Assignment	Live Doubt Solving & Assessment	Attitude and Self Perception	Dr. Rashmi Gupta, Asst. Professor, DAIMSR, Deeksha bhoomi, Nagpur
8	10 June 2021	Live Class	Video Lecture	Experiential Assignment	Live Doubt Solving & Assessment	Hard Skills in personality and employability	Dr. Aniruddha Bodhankar, Asso. Professor, DAIMSR, Deeksha bhoomi, Nagpur
9	11 June 2021	Live Class	Video Lecture	Experiential Assignment	Live Doubt Solving & Assessment	Goal setting	Dr Jyotsna Golhar, Associate Professor, Vidyalankar Institute of Management, Mumbai
10	12 June 2021	Live Class	Video Lecture	Experiential Assignment	Live Doubt Solving & Assessment	Leadership Skills	Dr. Shruti Thakre, Proprietor Vidarbha Job Consultancy
11	13 June 2021	Live Class	Video Lecture	Experiential Assignment	Live Doubt Solving & Assessment	Relationship Management	Dr. Hetal Gaglani, Founder, My Book Academy
12	14 June 2021	Live Class	Video Lecture	Experiential Assignment	Live Doubt Solving & Assessment	Transactional Analysis	Dr. Muktai Chavan, Founder, PRAYAS - Make Learning Fun!
12	14 June 2021				Valedictory Function		Dr Sujit Metre, Principal Shri Binzani City College, Nagpur



SHRI BINZANI CITY COLLEGE

Umter Road, Nagpur

Department of English

CAREER ORIENTED COURSE

Communication Skills and Personality Development

From 3rd June 2021 to 14th June 2021 (Duration: 60 hrs)

ZOOM Link: <https://us02web.zoom.us/j/7785663101?pwd=UHhReUZCZWVxbG1PeEhwWIRkVzk4QT09>

Registration form link- <https://forms.gle/j2DPQj3VxuvSbUUy7>

Meeting ID: 778 566 3101

Passcode: g5shGR

Google Classroom Link: <https://classroom.google.com/c/MzQ5NzgyNzQwMzM5?cjc=zfgsfql>

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Live Classes

Video Lectures

Experiential Fun Filled Assignments

Live Doubt Solving Sessions & Creative Assessment

Know your Dynamic Resource Persons



Topic name	YouTube Link	Psychometric test
Team Building	<ol style="list-style-type: none"> https://www.youtube.com/watch?v=G_r5SvYGbmg https://www.youtube.com/watch?v=H_vOfqIpD6Q https://www.youtube.com/watch?v=fm1gh5GAmWg 	https://www.actioned.com/team-member-quiz/ https://psychologytoday.tests.psychtests.com/bin/transfer visit the above link and post your score on the Google Classroom
Emotional Intelligence	<ol style="list-style-type: none"> https://www.youtube.com/watch?v=n9h8fG1DKhA https://www.youtube.com/watch?v=yNQf5YFL2Ns https://www.youtube.com/watch?v=1Ewvqu369Jw https://www.youtube.com/watch?v=INN0NbhLGOs 	https://globaleadershipfoundation.com/geit/eitest.html#:~:text=Free%20Emotional%20Intelligence%20Test,Intelligence%20Competency%20Model%20(2002). visit the above link and post your score on the Google Classroom
Personality Types	https://www.youtube.com/watch?v=NXcWZnQPuXw https://www.youtube.com/watch?v=MBE02KA03BI	https://drive.google.com/file/d/1dgdUE1M-1PsSqj4bVvEMPJ7YMyrhYSC/view?usp=sharing https://www.proprofs.com/quiz-school/story.php?title=type-b-personality-test Visit the link and know your Personality Type and post the type on Google Classroom
Personality and Spirituality	https://www.youtube.com/watch?v=QTsUEOUaVpY https://www.youtube.com/watch?v=6p_yaNF5Yao	https://www.londonmindful.com/mindfulness-quiz/result.php
Panchasatva of Personality	https://www.youtube.com/watch?v=cPQpTwuNyYs https://www.youtube.com/watch?v=ww5L7dwits https://www.youtube.com/watch?v=rBn8_quCB04&t=37s	https://www.youtube.com/watch?v=9vPN-xBfNC8 Post the answers on google classroom
Personal Branding	https://www.youtube.com/watch?v=0a0Vm0zHFh0	https://www.annavatuone.com/creative
Attitude and Self-perception	https://www.youtube.com/watch?v=yobobniv0sU	
Hard Skills in personality and employability	https://www.youtube.com/watch?v=0FFLFcB9xfQ	
Goal Setting	https://www.youtube.com/watch?v=i0QfCZASX8	https://quizizz.com/admin/quiz/5b95b351e2aed20019d39aff/goal-setting
Transactional Analysis	https://www.youtube.com/watch?v=pz6b9eluRvWw	https://drive.google.com/file/d/1VuniKxuDFrC132nfe5nJ1WLQd7pOvFp/view?usp=sharing



Relationship Management	https://www.youtube.com/watch?v=v7MUA0N00mM	https://www.mindfoolis.com/pages/article/leadership-style-quiz.htm https://testyourself.psychtestis.com/bin/transfer Post your leadership type on Classroom
Leadership	https://www.youtube.com/watch?v=ht-K_zn5qMU https://www.youtube.com/watch?v=tghigOv4mKc	



A handwritten signature in blue ink, appearing to be "S. B. City College".

Principal
S. B. City College
NAGPUR.

Career Oriented Courses

Time - Table

2020-2021

Day/class	Certificate Course		Diploma Course		Advanced Diploma Course	
	B.com.I (Eng. A & B)	B.com.I (Mar)	B.com.II (Eng. A & B)	B.com.I (Mar)	B.com.III (Eng. A & B)	B.com.III (Mar)
Monday	11.50 to12.40 JAI	11.50to12.40 JAI	11.50to12.40 BAN	11.50 to12.40 BAN	11.50 to12.40 CHA	11.50 to12.40 CHA
Tuesday	11.50 to12.40 JAI	11.50to12.40 JAI	11.50to12.40 BAN	11.50 to12.40 BAN	11.50 to12.40 CHA	11.50 to12.40 CHA
Wednesday	11.50 to12.40 JAI	11.50to12.40 JAI	11.50to12.40 BAN	11.50 to12.40 BAN	11.50 to12.40 CHA	11.50 to12.40 CHA
Thursday	11.50 to12.40 JAI	11.50to12.40 JAI	11.50to12.40 BAN	11.50 to12.40 BAN	11.50 to12.40 CHA	11.50 to12.40 CHA
Friday	11.50 to12.40 JAI	11.50to12.40 JAI	11.50to12.40 BAN	11.50 to12.40 BAN	11.50 to12.40 CHA	11.50 to12.40 CHA
Saturday	11.50 to12.40 JAI	11.50to12.40 JAI	11.50to12.40 BAN	11.50 to12.40 BAN	11.50 to12.40 CHA	11.50 to12.40 CHA

Note: Online Lecturer will start as follows

Class	Date
B.Com-I	04-01-2021
B.Com-II	15-01-2021
B.Com-III	04-01-2021

BAN- Ms. Punam Bangde

CHA- Mrs. Mona Chandak

JAI- Ms. Pooja Jaiswal


Cordinator

Mrs. Mona Chandak

Career Oriented Coerces (COC)





Principal

Dr.Sujit Metre

S. B. City College
Nagpur

Shri Binzani City College
Department of Computer Application
Career Oriented Courses
Work – Load
2020-2021

Sr. No.	Name of Course	Class	TH	PRACT	TOTAL	Teaching Faculty
1	Certificate Course In E-Commerce & Web Designing	B.com.I(Eng. A & B) B.com.I(Mar)	2 2	2 2	4 4	Ms. Pooja Jaiswal
2	Diploma Course In E-Commerce & Web Designing	B.com.II(Eng. A & B) B.com.II(Mar)	2 2	2 2	4 4	Ms.Punam Bangde
2	Advanced Diploma Course In E- Commerce & Web Designing	B.com.III(Eng. A & B) B.com.III(Mar)	2 2	2 2	4 4	Mrs.Mona Chandak
		TOTAL	8	8	16	



Cordinator

Mrs.Mona Chandak
Career Oriented Courses (COC)





Principal

Dr.Sujit Metre
S. B. City College
Nagpur

B Com - 2013-14
Certificate, diploma
adv. diploma. (1-9)

SCHEME FOR NEED BASED ADD-ON COURSES

(As per UGC scheme of career oriented Programme)

Approved for

COMMERCE FACULTY

Certificate Course in

E-Commerce & Web Designing

Theory:

Information Technology: Information Systems, People, Software, Hardware, Data, Connectivity, the Wireless Revolution and the Internet Application Software, System, System Unit: System Unit, Electronic Data and Instruction, System Board, Microprocessor, Memory, Bus Line, Port and Cable,

Input and Output Devices, Secondary Storage:

Input Devices: Keyboard, Mouse, Joysticks, Light Pen, Scanners, OCR, MICR, Touch Screen, Barcode reader

Output Devices: Monitor, Printer

Storage Devices : Floppy Disks, Hard Disks, Magnetic Tapes, Optical Disks(CD/DVD),Solid state storages(Flash Memory cards, pen drive, etc.), Other type of Secondary Storage

Virus: Introduction, Types of Viruses, Anti-Virus and Anti -Spy ware Utilities

Connectivity, The wireless revolution and Communication :

Connectivity, the wireless revolution and Communications, Communication Channels, Communication Devices, Data Transmission , Networks , Networks Architecture, Network Types

E-Commerce

Introduction, Main Activities Definition, Scope of E-Commerce, Features of E-Commerce, Goal of Electronic Commerce, Functions of E-Commerce, Electronic Commerce Application, Benefits of E-commerce, Impact of E-commerce on business models, Traditional Commerce Vs E-commerce, Advantages and disadvantage of E-Commerce and Trade cycle & Traditional Commerce, E-Commerce and Trade Cycle,



HTML: Introduction, designing Web site, Flow of Web Information, Role of Web Browser and Web Server, Process of Web Publishing.

Features of HTML, Advantages of HTML, Disadvantages of HTML, HTML Editors, Steps to create and view HTML documents,

Basic structure of HTML program : Order of Tags; Classification of HTML tags, Tags and Tag attributes of HTML:- Tags, Tag Attributes, Attribute value; Document layout Tag, Specifying Colors.

Practical:

Operating System (Windows8/Vista):

Introduction to Windows 8/Vista and advantages of windows, using different windows simultaneously operating with windows, use of help features, starting an application ,essential accessories, windows explorer ,finding folders and files, changing settings, setting peripherals, new features in windows8 and Vista versions.

MS-Office:

Word Processing:

Introduction, Starting word, creating document, Structure of Ms-word window and its application, Mouse & keyboard operations, designing a documents; formatting-selection, cut, copy, paste, Toolbars, operating on text; Printing, Saving, Opening, Closing of document, creating a template; Tables, borders, textbox operations; Spelling and Grammar check, Mail merge, Envelope and Label, Protection of document, Change the view of document.

Spreadsheet Package:

Introduction to Ms-Excel, Navigating, Excel Toolbars and Operations, Formatting Features-Copying Data Between Worksheets; Entering and Editing Cell Entries, Creation of Charts, Editing and Formatting Charts, Goal Seek, Auditing, Linking Workbook, Database in Excel(AutoFilter ,Advanced Filter, Sort ,Form), Mathematical, Statistical and Financial Functions in Ms-Excel.



PowerPoint Presentation:

Working with PowerPoint Window, Standard Toolbar, Formatting Toolbar, Drawing Toolbar Moving the Frame, Inserting Clip Art, Picture Slide; Text Styling, Send to Back, Entering Data to Graph, Organization Chart, Table, Design Template, Master Slide, Animation Setting, Saving and Presentation ,Auto Content Wizard, Packages for CD(Pack & Go Feature)

Creating Static Web Pages with HTML.

Creating a Simple Static Web Page: About HTML, Basic Element : <html>, <head>, <title>, <p>,
, <h1> to <h6>, , , , <dl>, <pre>, <marque>, <hr>, physical and Logical Tags Path: Relative and Absolute Path, Comments, Special Character, Text Formatting Tags, <center>

Theory: 180Hrs. (12 Credits Points)

Practical: 120 Hrs. (8 Credits Points)

300 Hrs. (Total - 20 Credits points)

Suggested Readings:

IT Today (Encyclopedia) – S Jaiswal (Galgotia)

Office 2003 The Complete Reference – KETTEL, ACKERMAN JENNIFER (Tata McGraw-Hill)

Computing essential 2006 complete edition By Timothy J. O'Leary & Linda I. O'Leary

MicroOffice-2000 - Gini Courter,AnnelteAnnelte Marquis BPB

Guide To Microsoft Access – Carl Townsend

Electronic Commerce - Greenstein and Fein man (TMH)

E-Commerce- Bhushan Dean-S.Chand

Complete HTML – BPB\



COMMERCE FACULTY

Diploma Course in

E-Commerce & Web Designing

Theory:

Electronic Market: Uses, Advantages and disadvantages and its features, Future of E-Market, E-Market & E-Commerce

Electronic Data Interchange (EDI): Introduction, Features of EDI, EDI Trade Cycle, Benefits of EDI, Limitations of EDI Trade cycle

The Internet and the Web : Internet, Basic Internet terms, Internet addressing, Protocols, Internet protocols, Services of Internet, Search Engine

Internet Applications , Access, E-mail, Discussion Groups , Electronic Commerce , Internet Services , Browsers, Web Pages , Search Tools, Web Utilities , Organizational Internets: Intranets and Extranets

Internet Commerce: Internet Trade Cycle,

THE INTERNET

OSI Model, Evolution of the Internet, Business use of Internet, Categories of Network-LAN,WAN,VAN; Internet service providers(ISP),World Wide Web(WWW)

SECURITY:

Internet Security : Security Transactions, Privacy Issues, Computer Crimes, Types of Computer Crimes, Security Threats, Security procedures, Cryptography, Hacking, ACL, Digital Certificate, Digital Signature, Firewalls.

Graphics, Multimedia and Artificial Intelligence: Graphics, Multimedia Software, Web Authoring, Artificial intelligence, Importance and Limitations of computer in Business, E-Business Communication, E-business Conferencing, tools of business, Application of Video Conferencing in Business.



HTML :

Nesting of tags, Classification of HTML tags that appear in body section of HTML, Logical tags (comments), Layout tags, Text and character formatting elements:- Logical styles format, Physical styles format, Difference between logical and physical style; Block formatting tags: - Heading, Block alignment, Pre-format text, Address, Fonts Tags, Horizontal line, Alignment attribute, Marquee tag, No break element; Special characters, Inserting spaces within text.

Practical:**List Tags :**

Introduction to Lists, Unordered List, Ordered List, Definition List, Nested List, Difference between ordered and unordered List

Adding Links, Images, Background, and Table :

Hyperlinks <a href ...>, Creating Link to Web Pages and URLs, Creating link within the same page, Various types of URLs, that can be used in links, Image tags and their related attributes, Inline Images, Link to (external) images, Using inline images, Using images and hyperlinks, Popular images format for internet and HTML.

Graphics in Web Page:

Introduction, Image format, Comparison between .GIF and .JPEG format, Important issue while selecting image for web page, Image as background of web page, Image tag, Align images, Images within paragraphs, Images as Hyperlink, Image link code to thumbnails, Image list, Marquee image, Adding video into page, Link/Anchor to download files, Embedding Inline images and External images:- Inline image, External image, Difference between Inline image and External image; Centered Images

Tables :

Introduction, Features of HTML, Table tag, Types of table rows, Attributes of table, Adding border to a table, Determining the table size, Adding cells to a table, Adding rows to a table, Designing table background color, Changing background of table, Cell padding attribute, Cell spacing attribute, Cell spanning, Table alignment Properties, Embedded image in a table, Nesting of tables, Creating hyperlink in cell, Creating Drop Caps



Frames and Embedding Multimedia :

Frame, Image Map web Front Creator: Frames and their Creation, the <frame> and <Frameset> tags, Frame linking, Floating or Inline Frames, Image Maps <map> and <area> tags, Client – Side and Server – Side Image Maps.

Form Designs, Form Controls, Text Controls, password fields, radio buttons, checkboxes, and reset and submit buttons, form control selection, option processing and text area.

Html Forms:

Introduction to Forms, Principle guideline for Forms design, Building Form, The Form tag, The Input tag, Text fields, Password fields, Radio field, Checkbox field, Button field: - Submit button, Reset button; Image field, Hidden field, File field, Text area Tag, Select Tag.

Theory: 360 Hrs. (24 Credits)

Practical: 240 Hrs. (16 Credits)

600 Hrs. (Total – 40 Credits Points)

Suggested Readings:

IT Today (Encyclopedia) – S Jaiswal (Galgotia)

Office 2003 The Complete Reference – KETTEL, ACKERMAN JENNIFER (Tata McGraw-Hill)

Computing essential 2006 complete edition By Timothy J. O’Leary & Linda I. O’Leary

Electronic Commerce - Greenstein and Fein man (TMH)

E-Commerce- Bhushan Dean-S.Chand

Web Publishing – Monic D’souza and J D’souza

Complete HTML – BPB

XML – Xavier(TMh)

XML/XHTML : Ramesh Bangia

Web Designing – S.B. Kishor,Gundelliwar,Singh – Das Ganu Prakashan



COMMERCE FACULTY

Advanced Diploma Course in E-commerce and Web Designing

Theory:

CSS : Introduction, Internal CSS, External CSS, CSS Background, Types of CSS

Introduction to XML : XML as SGML, Design Goal of XML, Application of XML, Advantages & Disadvantages, XML Software, Component of XML Document, Difference between HTML & XML, DTD, DOM

XML : XML Tag, Structure of XML Document, Data types in XML

Working with DTD : Introduction, HTML and DTD, Benefits of DTD, Structure of DTD,

DOM and The Parser : Introduction, DOM Node, An Applications of DOM, DOM in Applications

XHTML : Introduction to XHTML, Tables in XHTML

Scripting Language :

Scripting language, Scripting languages, Advantage of JavaScript, Disadvantages of JavaScript, Enhancement of JavaScript in HTML Documentation, Comments in JavaScript, Hiding JavaScript from Non-Scripting Browser, Difference between JavaScript and other Scripting Language.

ABC of JavaScript :

Keywords, Data types, Basic data types, variable, Declaring variables, Operator and expression- assignment operator, Arithmetic operators-Arithmetic Expression, Hierarchy of arithmetic operators, Increment and Decrement operators, Updating assignment operators, Relational operators, Logical operators, Conditional operator, String operator, Special operator.

Control Statements:

Introduction, Conditional Statement, If Statement, types of Operand, If -else statement, Nested If's, Switch Statement, Looping statement - for statement, while statement, do-while statement ,dialog Box, Jumping Statement- Break Statement, Continue Statement, Nested loops



Practical:

Embedding Multimedia: Introduction, Embedding Multimedia, Inserting sound / audio formats, video file formats.

Working with Database :

Database Management System, Ms-Access and HTML, Export Ms-Access data to HTML, Populate Ms-Access data using Data Access Page into HTML, ORACLE and HTML.

XML : Structure of XML program, XML element tags

Creating XML Documents: Introduction, HTML Document, Adding Scripts, Data Tying in XML

XSL – Putting Styles in XML

Introduction - Comments, Selector, Properties

Flow Objects - Boxex, Margins, Padding, Border width, Border shorthand

Length - Percentage, Colour, URLs

Working with Text and Font - Font, Font Size, Font Style, Text Alignment, Text Indent, Line Height

Colour and Background Properties - Foreground Colour, Background Colour. Border Colour, Background Image

Introduction to XHTML : Introduction, Declaring XHTML version- Strict DTD, Loose(traditional)DTD, Frameset DTD

Using Tags: Head Tag, Meta Tags

Creating Non Sequential Lists: Creating Definitions, Aligning Text, Horizontal Lines

Tables in XHTML : Creating a Simple Tables, Changing a Table's Width and Height, Putting Headers, Putting Headers on Top and Left, Adding a Caption, Dividing Tables into Columns, Dividing Tables into Horizontal Sections, Changing a cell's size, Adding a border, Choosing the Border, Spreading a Cell Across Two or More Rows, Spreading a Cell Across Two or More Columns, Using Background Image, Changing colour of Cell, Padding the Cell, Aligning the Contents of Cells



Objects and Methods in JavaScript:

Objects in Java Scripts, Methods in Java Scripts, Hierarchy of object, JavaScript
Build-in Objects Math Objects, Constants of Math Objects

Functions :

Functions in JavaScript, The return Statement, Built in Functions, eval() functions

Theory: 540Hrs. (36 Credits)

Practical: 340 Hrs. (24 Credits)

900 Hrs. (Total – 60 Credits Points)

Suggested Readings:

IT Today (Encyclopedia) – S Jaiswal (Galgotia)

Office 2003 The Complete Reference – KETTEL, ACKERMAN JENNIFER (Tata McGraw-Hill)

Computing essential 2006 complete edition By Timothy J. O’Leary & Linda I. O’Leary

Electronic Commerce - Greenstein and Fein man (TMH)

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Web Publishing – Monic D’souza and J D’souza

Complete HTML – BPB

XML – Xavier(TMh)

XML/XHTML : Ramesh Bangia

Web Designing – S.B. Kishor, Gundelliwar, Singh – Das Ganu Prakashan

JavaScript: The Complete Reference, Second Edition ,Thomas Powell, Fritz Schneider

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**Principal
S. B. City Coll.
NAGPUR.**

Shri Binzani City College, Nagpur.

Department of Computer Application

2020-2021

Career Oriented Courses (COC)

(As per UGC scheme)

- 1] Certificate Course E-Commerce & Web Designing
- 2] Diploma Course in E-Commerce & Web Designing
- 3] Advanced Diploma Course in E-Commerce & Web Designing

Shri Binzani City College has been Excelling in Providing Quality Education since last many years to variety of students through various Disciplines.

In this year 2020-2021, three courses running named as given below:

- 1] Certificate Course E-Commerce & Web Designing
- 2] Diploma Course in E-Commerce & Web Designing
- 3] Advanced Diploma Course in E-Commerce & Web Designing

Total number of students ~~was~~ admitted from different classes in the courses is as under:

Sr. No.	Course	Class	Admitted Students	Conducted during
1	Certificate Course	B.Com I	273	4-Jan-2021 To 24-Mar-2021
2	Diploma Course	B.Com II	218	15-Jan To 07-Apr-2021
3	Advance Diploma Course	B.Com III	167	4Jan-2021 To 31-Mar-2021
Google Classroom Links				
1	Certificate Course	https://classroom.google.com/c/MjQ5MDM0MDk4MzUx?cjc=2xmdktd		
2	Diploma Course	https://classroom.google.com/c/MjQ5MDM0MDk4MzY0?cjc=gznfs3i		
3	Advance Diploma Course	https://classroom.google.com/c/MjQ5MDM0MDk4Mzcw?cjc=mzxm5jr		
Feedback				
	Feedback Form Link	https://forms.gle/eBfr9AYrWTfyLTVy8		



Teachers named 1] Ms.Pooja Jaiswal 2] Ms.Poonam Bangde 3] Mrs. Mona Chandak have taught these courses respectively.

Feedback for the course is collected from the students and 241 responses were received from students.

Examination was held on 19-04-2021 for all three Courses. Overall performance of students for this course was good.



Coordinator

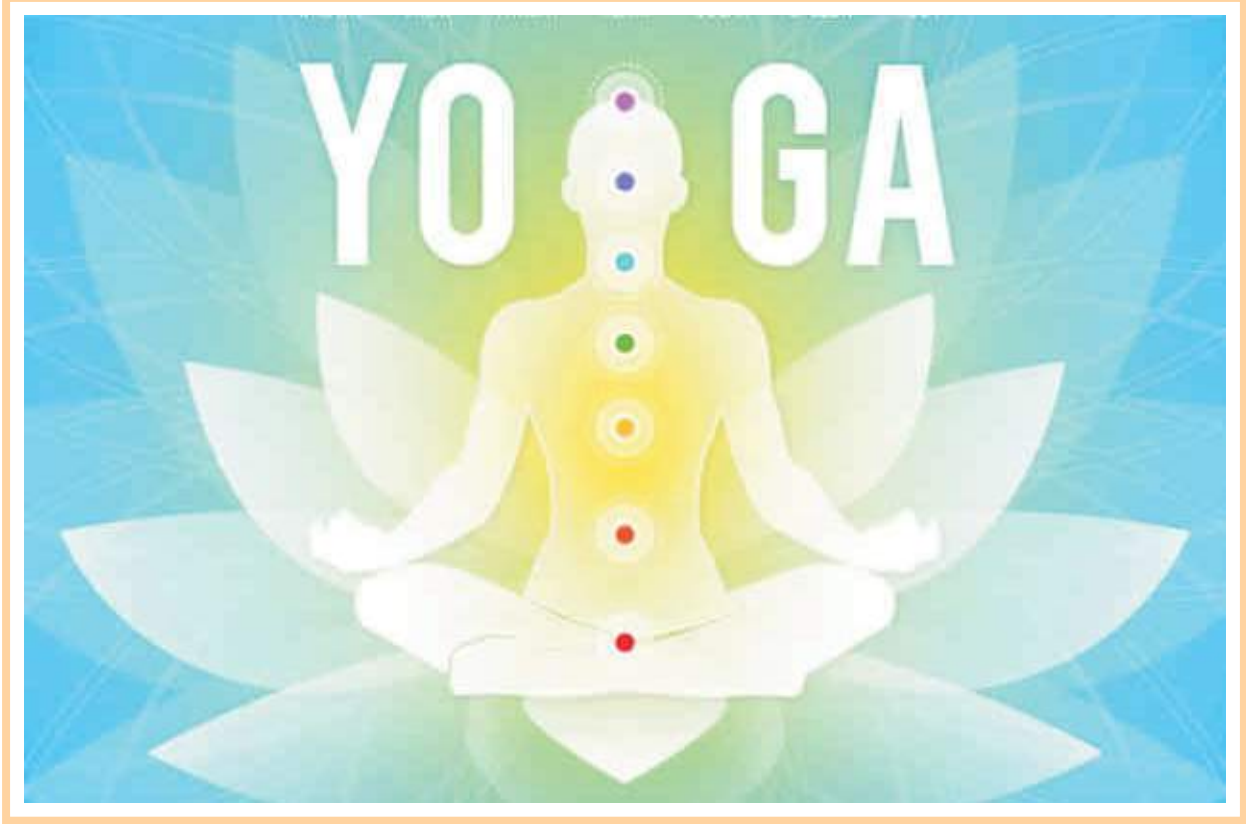
Mrs. Mona Chandak
Career Oriented Courses

Department of Computer.Application.

Principal
S. B. City College
NAGPUR.

NATIONAL WORKSHOP ON "Yoga & Holistic Health"

10-16 June 2021



-Organized By-



Dept. of Sports & Physical Education
Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur
Open & Distance Learning Centre
Kavikulguru Kalidas Sanskrit University, Ramtek
Shri Binzani City College, Nagpur
Priyadarshini Mahila Mahavidyalaya, Wardha
Nabira Mahavidyalaya, Katol



NATIONAL WORKSHOP ON
"Yoga & Holistic Health"
10-16 June 2021

Inaugural Session

10 June 2021, 7.30 am

Chairman & Inaugurator



Hon'ble Dr. Subhash Chaudhari
Vice Chancellor,
Rashtrasant Tukadoji Maharaj Nagpur University,
Nagpur

Chief Guest



Hon'ble Dr. C. G. Vijay Kumar
Registrar,
Kavikulguru Kalidas Sanskrit University,
Ramtek

Guest of Honour



Shri Vijay Munishwar
Para Olympian, Arjun & Dronacharya Awardee
Member, Senate,
Rashtrasant Tukadoji Maharaj
Nagpur University, Nagpur

Special Guest



Dr. Dhananjay Welukar
Member, Board of Sports &
Physical Education
Rashtrasant Tukadoji Maharaj
Nagpur University, Nagpur



NATIONAL WORKSHOP ON "Yoga & Holistic Health"

10-16 June 2021



Significance of Workshop

The workshop is beneficial to lead social, professional, family life to cope up whatever adverse situation comes. It is very relevant source of intrinsic mining to explore the hidden generic potential to perform in a healthy way.

This workshop assists to get more healthy well being as holistic approach.

Yoga is a preventive measure/medicine. It is a non-chemical as well as cheapest & natural vaccination to prevent all kinds of diseases.



Format of Workshop

- Your Audio-visual presence in the workshop is mandatory.
- Only one session of approximately 80 minutes.
- As it is a Practical session please wear appropriate, comfortable sports attire.
- e-certificate will be issued only after filling the feedback form.
- Kindly ensure your details are correct while filling the feedback form.

Date	- 10 to 16 June 2021
Time	- 8.00 am to 9.30 am
Mode	- Online
Platform	- Zoom & You Tube
Language	- Hindi & English
Registration fee	- No Registration fee
Registration Link	- http://forms.gle/WRjiHPtkHTDKrvnf6



YouTube

DAY ONE
8.30 am onwards

10
JUNE

-TOPIC-
" वैश्विक महामारी में योग "

Resource Person



Manoj Soni
Guest Faculty,
Department of Yoga,
Ranchi University, Ranchi

Chairperson



Dr. Arun Khodaskar
Ex-Principal, D.C.P. E., HVPM Amravati
General Secretary,
Bhruhan Maharashtra Yoga Parishad

Guest of Honour



Dhanashree Lekurwale
International Yoga Champion

DAY TWO
8.30 am onwards

11
JUNE

-TOPIC-
"Scientific Application of
Asanas & Pranayama"

Resource Person



Dr. Laxminarayan Joshi
Founder Head, Dept. of Yogic Science &
Dean, Student Welfare,
Uttarakhand Sanskrit University,
Haridwar

Chairperson



Dr. Devendra Wankhede
Head, Dept. of Sports & Physical Education
Dhanwate National College
Nagpur

Guest of Honour



Abhijit Rajesh Gode
National Yoga Champion

DAY THREE
8.30 am onwards

12
JUNE

-TOPIC-

**"Importance of
Yogic Breathing"**

Resource Person



Saurav Nilesh

Assistant Professor,
School of Yoga,
Ranchi University, Ranchi

Chairperson



Dr. Sanjay Khalatkar

Assistant Professor,
Dept. of Sports & Physical Education
Santaji Mahavidyalaya
Nagpur

Guest of Honour



Purva Arun Mire

National Yoga Champion

DAY FOUR
8.30 am onwards

13
JUNE

-TOPIC-

**" मानसिक स्वास्थ्य के लिए
प्राणायाम व योग निद्रा "**

Resource Person



Dr. Devanand Sonar

Director,
Dept. of Yoga & Naturopathy,
M. J. College, Jalgaon (Mah)

Chairperson



Dr. Avinash Asnare

Director,
Dept. of Sports & Physical Education
Sant Gadgebaba Amravati University
Amravati

Guest of Honour



Jagruti Gajanan Patle

National Yoga Champion

DAY FIVE
8.30 am onwards

14
JUNE

-TOPIC-

**Omkar for
Mental Health**

Resource Person



Sujata Dravyakar
Assistant Professor, Yogshastra,
Chakrapani Panchkarma Yoga &
Naturopathy Mahavidyalaya
Nagpur

Chairperson



Dr. Prakash Gaikwad
Director,
Dept. of Sports & Physical Education
Shivaji University
Kolhapur

Guest of Honour



Rajasee Abhijit Mulay
National Yoga Champion

DAY SIX
8.30 am onwards

15
JUNE

-TOPIC-

**"Importance of
Preksha Meditation"**

Resource Person



Dr. Pradyumna Singh Shekhawat
Head, Dept. of Yoga & Science of Living,
Jain Vishwabharati Institute
Ladnun (Rajasthan)

Chairperson



Dr. Anilkumar Karwande
Member,
Management Council,
Rani Laxmibai National Institute of
Physical Education
Gwalior (MP)

Guest of Honour



Vaibhav Shrirame
National Yoga Champion

DAY SEVEN
8.00 am to 9.30 am

16
JUNE

Panel Discussion

-TOPIC-

" योग विज्ञान भारत की धरोहर "

Panelist



Dr. Manmath Gharote

Director,
Lonavala Yoga Institute
Lonavala (Mah)

Panelist



Dr. Madhusudan Penna

Dean, Faculty of Indian Religion,
Philosophy & Culture
Kavikulguru Kalidas Sanskrit University,
Ramtek

Panelist



Dr. Archana Dachewar

Head & Professor Kayachikitsa Department,
Shri Ayurveda Mahavidyalaya,
Pakkawasa Hospital, Nagpur

Panelist



Dr. Anuradha Puniyani

Consultant Physiotherapist,
Founder & Director, BFF
Nagpur

Chairperson



Dr. Dipak Mane

Director,
Dept. of Sports & Physical Education,
Savitribai Fule Pune University
Pune



NATIONAL WORKSHOP ON
"Yoga & Holistic Health"

10-16 June 2021

Concluding Ceremony

16 June 2021, 9.30 am

Chairman



Hon'ble Dr. Shrinivas Varkhedi

Vice Chancellor,
Kavikulguru Kalidas Sanskrit University,
Ramtek

Chief Guest



Hon'ble Dr. Arvind Sajwan

Registrar,
Rani Laxmibai National Institute of Physical Education,
Gwalior (MP)

Guest of Honour



Prin. Dr. Damodar Satpute

Member, Senate,
Rashtrasant Tukadoji Maharaj
Nagpur University
Nagpur

Special Guest



Dr. Vishakha Joshi

Member,
Board of Sports & Physical Education,
Rashtrasant Tukadoji Maharaj
Nagpur University, Nagpur



NATIONAL WORKSHOP ON
"Yoga & Holistic Health"

10-16 June 2021

Organizing Committee

Patron



Dr. Sujit Metre
Principal,
Shri Binzani City College
Nagpur

Patron



Dr. Sunil Kumar Navin
Principal,
Nabira Mahavidyalaya,
Katol

Patron



Dr. Rambha Sonaye
Principal,
Priyadarshini Mahila Mahavidyalaya
Wardha

Patron



Dr. Hrushikesh Dalai
Director,
Open & Distance Learning Centre
Kavikulguru Kalidas Sanskrit,
Ramtek

Chairman



Dr. Sharad Suryawanshi
Director,
Sports & Physical Education
Rashtrasant Tukadoji Maharaj
Nagpur University

Secretary



Dr. Sanjay Chaudhari
Asst. Professor,
Dept. of Sport's & Physical Education
Shri Binzani City College,
Nagpur

Convenor



Dr. Sonali Sirbhate
Associate Professor,
Dept of Sports & Physical Education
Priyadarshini Mahila Mahavidhyalaya,
Wardha

Convenor



Dr. Tejsingh Jagdale
Associate Professor,
Dept of Sports & Physical Education
Nabira Mahavidhyalaya,
Katol

Convenor



Dr. Renushri Bansod
Assistant Professor,
Yogshastra
Kavikulguru Kalidas Sanskrit,
Ramtek

Member



Dr. Rajesh Alone
Associate Professor,
Dept. of Sports & Physical Education
Shri Binzani City College,
Nagpur

Member



Dr. Amit Tembhurne
Director,
Sports & Physical Education
M. B. Patel College
Sakoli

Member



Dr. Aditya Soni
Assistant Professor,
Vasantnaik Sharirik Shikshan
Mahavidhyalaya, Nagpur

Member



Dr. Amit Kumar Khandekar
Asst. Professor,
Dept. of Sports & Physical Education
Nabira Mahavidhyalaya,
Katol

Member



Shrivarda Malge
Assistant Professor, Sanskrit ODL
Kavi Kulguru Kalidas
Sanskut University
Ramtek



YouTube

SHRI BINZANI CITY COLLEGE,
Umrer road, Nagpur

Activity Report 2020-21

DEPARTMENT /COMMITTEE/FACULTY

NAME OF THE ACTIVITY : Umbartha- Premarital Counselling			
DATE	FACULTY	Department	COORDINATOR NAME
13 th to 15 th June 2021	Arts	Department Psychology and Sociology	
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE :
12 to 2 pm	College	35	INDOOR
SUPPORT/ASSISTANCE			

BRIEF INFORMATION ABOUT THE ACTIVITY (CRITERION NO-)

TOPIC/SUBJECT OF THE ACTIVITY	Day 1 –Needs and nuances of premarital counseling. Speaker Dr.LekhikaSonkusare. Tara Memorial Hospital. Day 2 –Anxiety during menstrual cycle. Speaker Dr.MadhuriZade. Dr.BabasahebAmbedkarcollege of social work Wardha. Day 3- You and your well being. Speaker Dr.PriyaRajkumarHislop college Nagpur
OBJECTIVES	1) –to develop the importance of premarital counseling. 2) – to reduce the anxiety during menstrual period. 3) – to understand the importance of our own wellbeing.
METHODOLOGY	First we took permission from our institute then we invited the guest speakers. Day1 Dr.AlkaKolhe hosted the program, introduction was given by Dr. VaishaliPanhekar and Prof PoonamKhedakar gave vote of thanks. Day 2 program hosted by Dr. VaishaliPanhekar,Dr.SangitaSomvanshi gave introduction of the speaker and vote of thanks was given by Dr.AlkaKolhe Day 3 Dr.SangitaSomvanshi hosted the program, Dr.VaishaliPanhekar introduced the guest speaker and vote of thanks was given by Dr.AlkaKolhe.
OUTCOMES	1) before getting hitched we have understand our partners views through premarital counseling. 2) through the session girls understood how to reduce and control mood swings during menstrual periods. 3) keep yourself positive in difficult situations this is learnt by the students.

PROOF & DOCUMENTS ATTACHED (Tick mark the proofs attached):

1. Notice and letters : Y	2. Students list of participation : Y	3. Activity report : Y	4. Photos : Y	5. Feedback form : No	6. Feedback analysis : No
7. News clip with details: N	8. Certificate :N	9. Any other -	10.		

IQAC CELL ACTIVITY NO-

NAME OF THE HEAD/TEACHER	NAME OF THE DEPARTMENT	IQAC COORDINATOR SIGN/SEAL	PRINCIPAL SIGNATURE
Prof.Poonam Khedakar Dr. Alka Kolhe Dr.Sangita Somvanshi Dr.Vaishali Panhekar	Department of Psychology and Sociology	<i>[Signature]</i> Co-coordinator IQAC	<i>[Signature]</i> Principal S. B. City College NAGPUR.

1. *[Signature]*
2. *Asrealhe*



Nagpur Shikshan Mandal's
SHRI BINZANI CITY COLLEGE
Umrer Road, Nagpur

**'UMBARTHA' PRE- MARITAL COUNSELLING – ONLINE 3 DAYS
WORKSHOP**

in Collaboration with

ROOTS FOUBDATIONCENTRE'S PROGRAMME


DAY-1 - DATE –13 JUNE 2020-2021

RESOURCE PERSON – DR. LEKHICA SONKUSARE

NAME OF THE ATTENDEES

- | | |
|---------------------------|----------------------------|
| 1) Dr. Alka Kolhe | 18) Vaishali Thakre |
| 2) Dr. Lekhika Sonkusare | 19) Aniket T. |
| 3) Dr Afroz Shaikh | 20) Pr. Poonam Khedkar |
| 4) Amrapali Modak | 21) Sahil Deshpande |
| 5) Pr. Anita Agrawal | 22) Dr. Sujit Metre |
| 6) Chandra Mohan | 23) Dr. Pallavi Rajankar |
| 7) Dipika Biyani | 24) Dr. Sangeeta Somvanshi |
| 8) Dr. Dhananjay Sontakke | 25) Dr. Archana Anturkar |
| 9) Dr. Sudha Jangid | 26) Dr. Vaishali Panhekar |
| 10) Dr. Priyanka Pandeet | 27) Dr. Sandeep Tundurvar |
| 11) Anita Tekam | 28) Arti Kar |
| 12) Harsha Shende | 29) Devendra |
| 13) Dr. Rupali Bhave | 30) Dr. Pranjali Kane |
| 14) Pooja Mourya | 31) Dr. Raghatate |
| 15) Dr. Sumedha Wankhede | 32) 23638878 |
| 16) Dr. Madhuri Zade | 33) Dr. Sheela mahale |
| 17) Pradnya | |




Principal
S. B. City College
NAGPUR.




DAY-2

DATE -14 JUNE 2020-2021

RESOURCE PERSON -DR. MADHURI ZADE

NAME OF THE ATTENDEES

- | | |
|---------------------------|------------------------|
| 1) Dr. Alka Kolhe | 25) Dr. Kalpana Mishra |
| 2) Helping Madhuri | 26) Dr.Poonam khedkar |
| 3) Dr. Afroz Shaikh | 27) Dr.Sheela Mahale |
| 4) Adwwitiya Padigel | 28) Kanchan Ukey |
| 5) Akshata Gunojwar | 29)Dr.Rupali Bhave |
| 6) Abhishree Kahate | 30) Ranjana Agashe |
| 7) 23638878 | 31) Sangeeta Nevre |
| 8) Harsha Shende | 32) Hema nalavade |
| 9) Dr.Pranjali kane | 33) Neha Buradkar |
| 10) Farah Yusuf | 34) Pooja Mourya |
| 11) Amrapali Modak | 35) Meenal Satkar |
| 12) Dr. Sumedha Wankhede | 36) Bitty Chandankhede |
| 13) Dr.Lekhika Sonkusare | 37) Bhumika Lilhare |
| 14) Dipika Biyani | 38) Rashi Bisan |
| 15) Arti Kar | 39) Isha Gajbhiye |
| 16) Dr. Archana Anturkar | 40) Mona Chandak |
| 17) Sunita Masne | 41) Poonam Bangde |
| 18) Dr.Vaishali Panhekar | 42) Priti Jais |
| 19) Dr.Anita Agrawal | 43) Pooja Shahu |
| 20) Anita Tekam | 44) Sana Nevre |
| 21) Pratiksha Titarmare | 45) Madhuri Mutey |
| 22) Dr.Pallavi Rajankar | 46) Shraddha Sayam |
| 23) Dr.Sangeeta Somvanshi | 47) Hrutuja Zade |
| 24) Rajlaxmi Kolhe | 48) Minal Kanhe |

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Dze
Principal
S. B. City College
NAGPUR.

DAY- 3

DATE – 15 JUNE 2020-2021

RESOURCE PERSON –DR. PRIYA RAJKUMAR

NAME OF THE ATTENDEES

- 1) Pratiksha Titarmare
- 2) Isha Gajbhiye
- 3) Neha Buradkar
- 4) Shital Thakre
- 5) Karishma Bhoyar
- 6) Anita Tekam
- 7) Shraddha Arun
- 8) Mayur Kadu
- 9) Megha Khobragade
- 10) Dr.Poonam Khedkar
- 11) Vaishali Jamthe
- 12) Dr. Alka Kolhe
- 13) Shri Binzani City College
- 14) Sakshi Bapat
- 15) Anita Tekam
- 16) Pooja Shahu
- 17) Bhumika Lilhare
- 18) Rashi Bisan
- 19) Damayanti Mate
- 20) Dr.Pallavi Rajankar
- 21) Dr. Sujit Metre
- 22) Bandu Gajbhiye
- 23) Minakshi Kangale
- 24) Ashutosh Shende
- 25) Bandu Gajbhiye
- 26) Dr.Rupali Bhave
- 27) Dr. Narendra Raghatate
- 28) Dr.Pranjali Kane
- 29) Kanchan Ukey
- 30) Gopal Hiwarkar
- 31) Geeta Wagh
- 32) Priti Jais

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Principal
S. B. City College
NAGPUR.



Nagpur Shikshan Mandal's
Shri Binzani City College
Umrer Road, Nagpur

Department of Psychology & Sociology
is organizing a 3 day online workshop in collaboration with
Roots Foundation
Tts an IQAC initiative'

उंबरठा

Pre Marital Counselling

From 13th June to 15th June 2021

Schedule

- Date: 13/6/2021 **Speaker: Dr. Lekhika Sonkusare**
Tata Memorial Hospital, Mumbai
Needs & Nuances of Pre Marital Counselling
- Date: 14/6/2021 **Speaker: Dr. Madhuri H. Zade**
Dr. Ambedkar College of Social Work, Wardha
Anxiety during Menstrual Cycle
- Date: 15/6/2021 **Speaker: Dr. Priya A. Rajkumar**
Hislop College, Nagpur
You & Your Well-Being

Regards

Principal
Dr. Sujit G. Metre
Department of Psychology
Prof. Poonam Khedkar
Dr. Alka S. Kolhe
Dr. Vaishali S. Panhekar

Convener
Dr. Pranjali Kane
Dr. N.V. Raghatate
Department of Sociology
Dr. Sangita G. Samwanshi



Nagpur Shikshan Mandal's
Shri Binzani City College
Umrer Road, Nagpur

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Department of Psychology and Sociology
organizing a 3 day Workshop in collaboration with Roots Foundation

उंबरठा

Pre-Marital Counselling

Needs & Nuances of Pre marital Counselling



Resource person: Dr. Lekhika Sonkusare
Psycho-Oncologist,
Tata Memorial Hospital
Mumbai

Zoom

SUNDAY, JUNE 13 2021, at 12:00 PM

Department of Psychology
Prof. Poonam Khedkar
Dr. Alka S. Kolhe
Dr. Vaishali S. Panhekar

Guest of Honour
Dr. Sujit G. Metre,
Principal
S. B. City College

Department of Sociology
Dr. Sangita G. Samwanshi



Nagpur Shikshan Mandal's
Shri Binzani City College
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उंबरठा

Pre-Marital Counselling

Anxiety during Menstrual Cycle



Resource person: Dr. Madhuri H. Zade
Assistant Professor of Sociology,
Dr. Ambedkar College of Social Work
Wardha

Zoom

MONDAY, JUNE 14 2021, at 12:00 PM

Department of Psychology
Prof. Poonam Khedkar
Dr. Alka S. Kolhe
Dr. Vaishali S. Panhekar

Principal
Dr. Sujit G. Metre
Guest of Honour
Dr. Alka S. Kolhe

Department of Sociology
Dr. Sangita G. Samwanshi



Nagpur Shikshan Mandal's
Shri Binzani City College
Umrer Road, Nagpur

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organizing a 3 day Workshop in collaboration with Roots Foundation

उंबरठा

Pre-Marital Counselling

You & Your Well-being



Resource person: Dr. Priya A. Rajkumar
Assistant Professor (CHB) of Psychology,
Hislop College
Nagpur

Zoom

TUESDAY, JUNE 15 2021, at 12:00 PM

Department of Psychology
Prof. Poonam Khedkar
Dr. Alka S. Kolhe
Dr. Vaishali S. Panhekar

Principal
Dr. Sujit G. Metre
Guest of Honour
Dr. Sandeep Tunburwar

Department of Sociology
Dr. Sangita G. Samwanshi



S. B. City College



S. B. City College

Principal
S. B. City College
NAGPUR.



तत्सुखसुखित्वम्

Nagpur Shikshan Mandal's

Shri Binzani City College

Umrer Road, Nagpur

Department of English

CAREER ORIENTED CERTIFICATE COURSE

Communication Skills and Personality Development

From 15th June 2021 to 26th June 2021 Time : 10.00 am to 3.30 pm

❖ Resource Persons ❖



Dr. Anil M. Shonde
HOD, English
Shri Binzani City College,
Nagpur



Dr. Chaturanand B. Kedar
Assistant Professor in English
Smt. R. S. College,
Anjangaon Surji



Dr. Sushil Dhuldhare
Assistant Professor,
Dept. of Humanities &
Applied Science,
VESIT, Mumbai



Mr. Maneshkumar N. Chavhan
Contributory Lecturer in English,
Shri Binzani City College,
Nagpur



Ms. Neha Thosar
Contributory Lecturer in English,
L.A.D. College, Nagpur



Ms. Amrapali D. Modak
Contributory Lecturer in English,
Shri Binzani City College,
Nagpur



Ms. Harsha W. Borghare
Contributory Lecturer in English,
Shri Binzani City College,
Nagpur



Dr. Rupali S. Bhawe
Contributory Lecturer in English,
Nagpur

❖ Organizing Team ❖



Dr. Sujit Metre
Principal & Chairman, IQAC,
Shri Binzani City College,
Nagpur



Dr. Sandip Tundurwar
Vice-Principal
Shri Binzani City College,
Nagpur



Dr. Pranjali Kane
IQAC Coordinator
Shri Binzani City College,
Nagpur



Dr. Narendra Raghatate
IQAC Co-Coordinator
Shri Binzani City College,
Nagpur



Registration form link : https://docs.google.com/forms/d/e/1FAIpQLSfmifcCueDy0NbKwoYRZlhydwnNMBZHueMMd6KJJA9xiKi5ug/viewform?usp=pp_url



Google Classroom Link: <https://classroom.google.com/c/MzQ5NzgxMDc2Nzlw?cjc=klyatd2>



Zoom Meeting ID: 778 566 3101

Passcode: g5shGR

Register Today and Enjoy from the best in the industry!

(16)

Process:

CERTIFICATE COURSE

Date	Resource Person	Topic	YouTube Links	Screenshot
15-06-2021	Neha Thosar	Types of Verbal communication	https://youtu.be/zLsKAi2JGb8	
16-06-2021	Harsha Borghare	Non verbal communication	https://youtu.be/pw9BCafXpQs	
17-06-2021	Amrapali Modak	Listening Skills	https://youtu.be/djyrH14QkQI	



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SHRI BINZANI CITY COLLEGE

Umrer Road, Nagpur

DEPARTMENT OF ENGLISH

&

IQAC

Report of Certificate Course in Communication Skills and Personality Development: Verbal and Non Verbal Communication. 2020-21

Title: Career Oriented Course in 'Communication Skills and Personality Development' conducted from 3rd June to 26th June 2021 between 10 am to 4.15 pm

- Certificate Course focused upon 'Verbal and Non Verbal Communication'. The sessions were conducted from 15th June to 26th June 2021 between 10 am to 3.30 pm. The Course involved Live Sessions, Video Tutorials, Tasks / Assignments and Feedback. Around 74 students participated in the Certificate Course.

Zoom Link:

<https://us02web.zoom.us/j/7785663101?pwd=UHhReUZCMWVxbG1PcEhwWIRkVzk4QT09>

Meeting ID: 778 566 3101

Passcode: g5shGR

Google Classroom Link:






<https://classroom.google.com/c/MzQ5NzgxMDc2NzIw?cjc=klyatd2>

Objectives:

1. To inform the students of the different aspects of Verbal and Nonverbal Communication.
2. To acquaint the students with the basic writing skills used in formal communication.
3. To help develop the personality of the students by connecting them with Experts.







RRame

<p>18-06-2021</p>	<p>Mr. Maneshkumar N. Chavhan</p>	<p>Silence in communication</p>	<p>https://youtu.be/Jb-0aXYq1a0</p>	
<p>19-06-2021</p>	<p>Ms. Amrapali D. Modak</p>	<p>Analytical Thinking</p>	<p>https://youtu.be/kjaal.f2w0Rc</p>	
<p>20-06-2021</p>	<p>Mr. Maneshkumar N. Chavhan</p>	<p>Basics of Communication</p>	<p>https://youtu.be/S2e2F7HmM7c</p>	
<p>21-06-2021</p>	<p>Ms. Harsha W. Borghare</p>	<p>Group Discussion</p>	<p>https://youtu.be/AFu_vSKC4A</p>	
<p>22-06-2021</p>	<p>Dr. Rupali S. Bhave</p>	<p>Interview Skills</p>	<p>https://youtu.be/nl4SUX0D01M</p>	



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<p>23-06-2021</p>	<p>Dr. Chaturanand B. Kedar</p>	<p>Dyadic Communication</p>	<p>https://youtu.be/AjyicDeF3Q</p>	
<p>24-06-2021</p>	<p>Dr. A.M. Shende</p>	<p>Speaking Skills</p>	<p>https://youtu.be/tMS-mxixEEs</p>	
<p>25-06-2021</p>	<p>Dr. Rupali Bhawe</p>	<p>Principle of Public Speaking</p>	<p>https://youtu.be/NY2FIWf9df0</p>	
<p>26-06-2021</p>	<p>Dr. Sushil Dhuldhur</p>	<p>Business Communication and Ethics</p>	<p>https://youtu.be/f4XKT4I5BA0</p>	



PKane
Dr. Pranjali S. Kane
 Assistant Professor (English)
 Shri Binzeri City College,
 Umrer Road, Nagpur



SHRI BINZANI CITY COLLEGE

UMRER ROAD, NAGPUR



NATIONAL SERVICE SCHEME

REGULAR ACTIVITY

SESSION 2020-2021

Dr. V. V. Patil
NSS P. O.



Dr. V. V. Patil
Principal
S. B. City College
NAGPUR.

SHRI BINZANI CITY COLLEGE,

UMRER ROAD, NAGPUR.

REPORT

“VACHAN PRERNA DIN”

(Dt. 15th October 2020)

On the occasion of the birth anniversary of Late Ex- President of India Dr. APJ Abdul Kalam, we celebrate “VACHAN PRERNA DIN”(15th October). The NSS unit of our college held the ‘Poster making Competition’ and ‘Slogan Making Competition’. The theme of the slogan and Poster making competition is ‘Reading Habits’. Ten posters and eight slogans we received through students. And first prize of Slogan comp. goes to Mr. Sahil Borkar and Poster Comp. first prize goes to Shri. Rajat Tirpude.

The program was conducted by Dr. Narendra Raghatate, NSS Coordinator. Dr. Mohini Bherwani Co-coordinator of NSS Unit also works hard for making this program success.

Links of Poster Completion :-<https://forms.gle/YkQoducNGbUYgE2N8>

Links of Slogan Completion :-<https://forms.gle/2fpx4o9Tvi8nHijh6>



*Dr. N.V. Rajghate
NSSUP.D.*



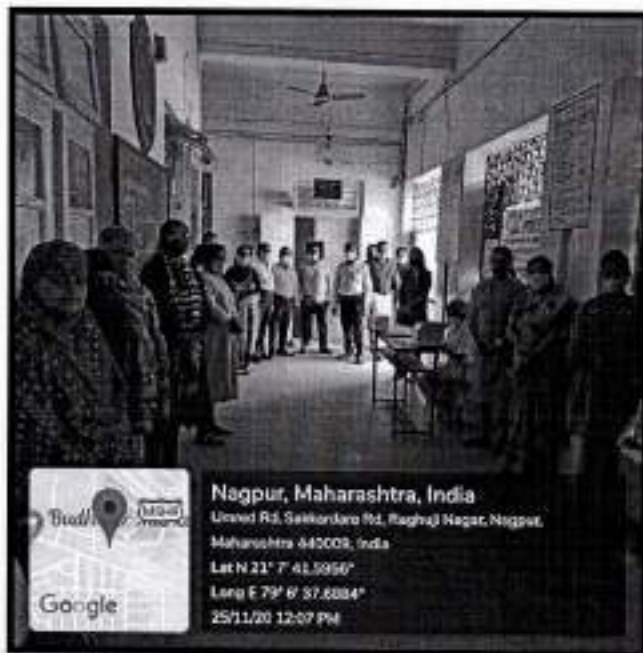
[Signature]
Principal
S. B. City College
NAGPUR.

Poster of First Prize winner
SHRI BINZANI CITY COLLEGE,
UMRER ROAD, NAGPUR.
REPORT
“RTPCR TEST PROGRAMME”
(Dt. 25th November 2020)

NSS Unit organized a “RTPCR TEST Program” for students, teaching and non-teaching staff on 25th November 2020 in our college.

The Nagpur Municipal Corporation facilitates a Vehicle (Bus) with Medical Staff of ‘COVID 19’ for testing. They enrolled for testing, registered online and took sample for test and sent to Govt. Medical College.

Around 64 Teaching, non teaching, administrative staff and students of our college gave samples for testing and near about 95% of testing result was ‘NEGATIVE’.



Dr. N. V. K. Kulkarni
NSS P. O.



S. B.
Principal
S. B. City College
NAGPUR.

SHRI BINZANI CITY COLLEGE,
UMRER ROAD, NAGPUR.

REPORT
“CONSTITUTION DAY PROGRAMME”
(Dt. 26th November 2020)

NSS Unit and Political Dept. jointly organized an “Constitution Day Program” for students on 26th November 2020. Dr. Sujit Metre, Principal of the college presided over the function. Shri Bhaskar Waghale and Shri. Kishor Naitam Political Dept. of S.B. City College are Main Speakers of this program. and Dr. Sandip Tundurwar HoD. Political Science also present on the occasion.

Shri Bhaskar Waghale speaks on ‘Seven Decades of Indian Constitution’. He spoke about the journey of making constitution, important events, creating rights and duties and how the constitution occur. Also Shri Kishor Naitam focus the events of when the constitution implemented and how some imp. points to be neglected. On the occasion Shri Shrikant Shende, Dept. of Political Science read the Preamble. Dr. Sujit Merte speaks on his presidential speech about Fundamental Rights and Duties and offered his wishes for the success of program and told the students to be confident because our self confidence only can bring us success in our life.

The program was compared by Dr. Sandip Tundurwar and the vote of thanks was presented by Dr. Narendra Raghatate, Program In-charge of NSS. Dr. Mohini Bherwani, Dr. Ryan Mahajan, Shri. Lavkush Harmi works hard for make the program successful. A number of students who enrolled in NSS and Students of Dept. Political Science marked their attendance through ONLINE via Zoom Platform for the program and made it successful.



Handwritten signature: Sandip Tundurwar
NAGPUR
NSS P.O.



Handwritten signature: Dr. Sujit Metre
Principal
S. B. City College
NAGPUR.

**SHRI BINZANI CITY COLLEGE,
UMRER ROAD, NAGPUR.**

REPORT

“SAWITRIBAI PHULE JAYANTI PROGRAMME”

(Dt. 3rd January 2021)

NSS Unit and Dept.of Lifelong and Extension Cell of our College are jointly organized ‘Sawitribai Phule Jayanti Program’ on 3rd January 2021. Dr. Sujit Metre, Principal of the college presided over the function. Chief Guest Dr. Mohini Bherwan, Dr. Pranjali Kane Coordinator of Lifelong & Extension Cell and other Teaching and Non-teaching staff also present on the occasion.

Chief Guest Dr. Mohini Bherwani garlanded the Photo of Sawitribai Phule and pay tribute to her. Principal, Dr. Sujit Metre also tribute HER and glorified the glimpses of Great Ladies of the World, their work and techniques to do work efficiently on his presidential speech.

The program was compared by Dr. Narendra Raghatate Program Officer NSS and the vote of thanks was proposed by Dr. Pranjali Kane, Program In-charge of Lifelone & Extention Cell. Dr. Sandip Tundurwar, Hod. Pol.Sci. Dr. Anil Shende, HoD. English, Dr. Narendra Gharat, HoD. Marathi, Dr. Naikwade, Miss Mona Chandak, Poonam Bangde, Pooja Jaiswal, Sunita Masne madam and Non-teaching staff of the college were present in the program and they work hard for make the program successful. A number of students who enrolled in NSS marked their attendance through ONLINE via Zoom Platform for the program and made it successful.



S. B. City College
Principal
S. B. City College
NAGPUR.

Dr. N. V. Jayantale
NSS P.O.

SHRI BINZANI CITY COLLEGE,
UMRER ROAD, NAGPUR.

REPORT
“NATIONAL YOUTH DAY PROGRAM”
(Dt. 12th January 2021)

NSS Unit proudly association with Vivekanand Seva Kendra (Vidarbha Region) organized program a “National Youth Day Program” on 12th January 2021 on the occasion of commemorate Swami Vivekananda Birth Anniversary. Dr. Charulata Bisne renowned speaker is the Chief Guest of this program. The topic of the session is ‘Swamiji and Vedanata Philosophy’

Chief guest Dr. Bisne gave light on the life sketch of Swamiji and his Leadership. She also gave some incidents of Swamiji. She also relates intellectually Youth Power and how it transfer into National safety and security. And for students how they take inspiration through Swamiji. She shed the light of Vedanta Philosophy and how Swamiji apply it for youth.

She also told the power of youth and role of youth in the development of a Healthy Nation and Healthy life. She also gave glimpses on current affairs and said to the students to be careful and be cautious to do regular activities. Students learnt from to become a disciplined, learned just like Swamiji and sound character built for them for building a sound Nation.

The program was compared by Ku. Ketki Deshpande, student and the vote of thanks was proposed by Ku. Vaivbhavi. A number of teaching, non teaching staff and students who enrolled in NSS marked their huge attendance ONLINE via Google meet for the program and made it successful.



[Handwritten Signature]
Principal
B. City College
NAGPUR.

[Handwritten Signatures]
DR. N. V. Raghunath
NSS OP. O.

SHRI BINZANI CITY COLLEGE,

UMRER ROAD, NAGPUR.

REPORT

“NATIONAL VOTER’S DAY”

(Dt. 24th January 2021)

As per the direction of Election Commission of India, Binzani City College, NSS Unit had organized a ‘11th National Voter’s Day’ program on 25th January 2021 at 11.00 AM in the college. Chief Guest of the function was Dr. Sandip Tundurwar HoD. Political Science and Principal Dr. Sujit Metre presided over the function. The aim of this program is to aware the youth about voting procedure and its importance for the progress of the nation. On the occasion ‘Rangoli Competition’ also organized at 14th January 2021. Near about 17 Rangolis were made through students.

The Chief Guest of the function was Dr. Sandip Tundurwar HoD. Political Science, focus various aspects of the subject. They fore fronted that we should consider voting as our national duty. The people residing in naxaliet area participate in voting fearlessly and hence urban people should also show enthusiasm towards it.

In his presidential speech, Principal Dr. Sujit Metre told that students should take positive steps towards voting. We can only criticize a political party when we have fulfilled our duty of voting. Today India ranks first in having young voters and hence their responsibility to vote is more than others. When we consider all aspects while selecting our spouse, in the same way, we should consider all constraints while voting. We should keep secular view to select our representative.

The program was compared by Dr. Narendra Raghatate, NSS Officer In-charge and vote of thanks given by Dr. Mohini Bherwani. Dr. Narendra Gharat, HoD. Marathi, Mr. Ragesh Khadke, Mr. Chandekar were present in the occassion. Booth level officers Mr. Shriram Hedao & Mr. Mukesh Uikey also present on the occasion.

On the occasion number of students of NSS, teaching and non-teaching staff attended the program and made it successful.

Dr. N.V. Raghatate
NSS P.O.



Dr. Sujit Metre

Principal
S. B. City College
NAGPUR.



Dr. N.V. Kashyap
NSS P.O.



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 Principal
 S. B. City College
 NAGPUR.

**SHRI BINZANI CITY COLLEGE,
UMRER ROAD, NAGPUR.**

REPORT

“PULSE POLIO CAMPAIGN PROGRAMME”

(Dt. 31ST January 2021)

As per the directions of Medical & Health Dept. of Municipal Corporation of Nagpur and RTM Nagpur University Director, NSS, the ‘National Pulse Polio Vaccination Mission’ is held on 31st January 2021.

The NSS officers and NSS volunteers participated in Pulse Polio movement on 31st January 2021. The students attend at 9.00 AM sharp at Nehru Nagar Zone Corporation Office, Sakkardara, Nagpur. They gathered the children of Nehru Nagar & Sakkardara area and helped the government officials and Municipal Corporation workers to give polio drops to children. Anganvadi Sevika also comes forward to give a helping hand. Thus in all a large number of NSS students participated in the program, gave their service and made it successful



[Signature]
Principal
S. B. City College
NAGPUR.

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Dr. N. V. Kashyap
NSS P.O.

SHRI BINZANI CITY COLLEGE,
UMRER-ROAD, NAGPUR.

REPORT
“INTERNATIONAL WOMEN’S DAY PROGRAMME”
(Dt. 8th March 2021)

NSS Unit and Dept. of Lifelong and Extension Cell of our College are jointly organized ONLINE ‘International Women’s Day Program’ on 8th March 2021. Dr. Sujit Metre, Principal of the college presided over the function. Chief Guest Dr. Pratima Lokhande, Asst. Prof. Dept of Law Dr. Ambedkar College, Deeksha bhoomi, Nagpur. The topic of the session is **“Women’s safety in Digital world: Role of Law and Agencies”**. Dr. Pranjali Kane Coordinator of Lifelong & Extension Cell and other Teaching and Non-teaching staff also present on the occasion.

Chief Guest Dr. Pratima Lokhande paid tribute to Great Leaders of the World. She said about the digital world, women’s safety and security, the laws about it, role of law, and agencies work for it. Principal, Dr. Sujit Metre also tribute and glorified the glimpses of Great Ladies of the World, their work and techniques to do work efficiently on his presidential speech.

The program was compared by Dr. Pranjali Kane, Program In-charge of Lifelong & Extension Cell and the vote of thanks was proposed by Dr. Narendra Raghatate Program Officer NSS. Dr. Sandip Tundurwar, Hod. Pol.Sci. Dr. Anil Shende, HoD. English, Dr. Narendra Gharat, HoD. Marathi, Dr. Naikwade, Miss Mona Chandak, Poonam Bangde, Pooja Jaiswal, Sunita Masne madam and Non-teaching staff of the college were present in the program and they work hard for make the program successful. A number of students who enrolled in NSS marked their attendance through ONLINE via Zoom Platform for the program and made it successful.



SHRI BINZANI CITY COLLEGE
Department of Lifelong Learning and Extension Cell & NSS UNIT
International Women's Day 2020-21
08th March 2021
Guest Speaker: Dr. Pratima Lokhande
Assistant Professor
Dept of Law, Dr. Ambedkar College, Deeksha Bhoomi, Nagpur
Topic: "Women's safety in Digital world: Role of Law and Agencies"
Topic of the Program: Women's safety in the digital world
@ 10:00 AM
Date: 08/03/21 Time: 11 AM
Dr. Narendra Raghatate, Dr. Sandip Tundurwar, Dr. Anil Shende, Dr. Narendra Gharat, Dr. Naikwade, Miss Mona Chandak, Poonam Bangde, Pooja Jaiswal, Sunita Masne madam



Signature of Dr. N.V. Rajput
Dr. N.V. Rajput
NSS P.O.



Signature of Dr. Sujit Metre
Principal
S. B. City College
NAGPUR.

**SHRI BINZANI CITY COLLEGE,
UMRER ROAD, NAGPUR.**

REPORT

“ANTI TERRORIST DAY (PLEDGE) ACTIVITY”

(Dt. 21st May 2021)

NSS Unit organized a “ANTI TERRORISTDAY PLEDGE ACTIVITY” on 21st May 2021 in our college. Dr. Pranjali Kane, IQAC Coordinator of the college presided over the function. Mr. Sandip Dongre, Senior Clerk, Mr. Gaurav Wane, Accountant and administrative staff were present in this program. Teachers, Students, staff took pledge against Terrorism and Non-Violence in the program. On the presidential speech, Dr. Pranjali Kane took light on the consequences of Terrorism and violence and how it affected to whole society.

Through this program, students took a lesson that Terrorism destroys the Nation, awareness in society through making Rallys, Poster making competition. It is like cancer which destroy the Nation and for the sake of peace, social harmony, brotherhood and unity we will fight against it. Through pledge students determined not to flourish these types of cancers in society.

The program was compared by Dr. Narendra Raghatate officer in charge NSS and the vote of thanks was presented by Mr. Dongre. Teaching Staff, non teaching staffand A number of students through online platform marked their attendance for the program and made it successful.



Raghatate
N.V. Raghatate
NSS P.O.



S. B. City College
Principal
S. B. City College
NAGPUR.

**SHRI BINZANI CITY COLLEGE,
UMRER ROAD, NAGPUR.**

REPORT

“SHIVSWARAJYA DIN PROGRAMME”

(Dt. 6th June 2021)

NSS Unit and Dept. HISTORY of our College are jointly organized ‘Shivswarajya Din Program’ on 6th June 2021. Dr. Sandip Tundurwar , Vice-Principal of the college presided over the function. Chief Guest Dr. Afroz Sheikh, HoD History, Mr. Sandip Dongre and other Teaching and Non-teaching staff also present on the occasion.

Chief Guest Dr. Afroz Sheikh garlanded the Photo of Shivchhatrapati Shivaji Maharaj and pay tribute to Him. Vice-Principal, Dr. Sandip Tundurwar also tribute Maharaj and glorified the glimpses of Great Warrior of the World, His work and techniques to do work efficiently on his presidential speech.

The program was compared and vote of thanks was proposed by Dr. Narendra Raghatate Program Officer NSS. Mr. Dipak Pillare, Mr. Mangesh Thawre and Non-teaching staff of the college were present in the program and they work hard for make the program successful. A number of students who enrolled in NSS marked their attendance through ONLINE via Zoom Platform for the program and made it successful.



Dr. N. V. Raghatate
NSS P.O.



[Signature]
Principal
S. B. City College
NAGPUR.

**SHRI BINZANI CITY COLLEGE,
UMRER ROAD, NAGPUR.**

REPORT

“WORLD ENVIRONMENTAL DAY PROGRAMME”

(Dt. 6th June 2021)

NSS Unit of our College are organized 'World Environmental Day Program' on 6th June 2021. On this occasion

Through Google platform the volunteers of NSS understand importance of Environment in current scenario we decided to plant any plants in the pot at your home example, Tulsi, flower plants, herbal plants clean the house, courtyard or outside the house and put garbage in dustbin and click the photo and send to others that they also took a lesson and pass this message. Take a oath to clean the environment like, no vehicle to drive on that day, not produce voice and lesson voice pollution, no use of electronics gazette that lesson the carbon emission in environment and make the environment clean.

A number of students who enrolled in NSS marked their attendance through ONLINE via Zoom Platform for the program and made it successful.

The program was conducted by Dr. Narendra Raghatate, NSS Coordinator. Dr. Mohini Bherwani Co-coordinator of NSS Unit also works hard for making this program success.

Dr. N.V. Raghatate
Dr. N.V. Raghatate
NSS C.O.



Dr. Mohini Bherwani
Principal
S. B. City College
NAGPUR.

SHRI BINZANI CITY COLLEGE,

UMRER ROAD, NAGPUR.

REPORT

“INTERNATIONAL YOGA DAY PROGRAMME”

(Dt. 21st June 2021)

NSS Unit and Dept. of Physical Education and Sports of our College are jointly organized 'International Yoga Day Program' on 21st June 2021. Dr. Sujit Metre, Principal of the college presided over the function. Chief Guest Dr. Dewendra Wankhede, HoD, Dept. of Physical Education & sports, Dhanwate National College, Nagpur. Dr. Sandip Tundurwar, Vice-Principal & HoD Dept. of Pol. Science, Dr. Sanjay Chaudhari, Assistant Prof. Dept. of Sports Dr. Pranjali Kane IQAC Coordinator & Coordinator of Lifelong & Extension Cell and large number of Teaching and Non-teaching staff also present on the occasion.

Chief Guest Dr. Dewendre Wankhede talked about the importance of Yoga in day to day life in this pandemic and COVID time. He also talked about Patanjali Yoga Darshan about Asana, Pranayam, Dharna, Samadhi and 'ASHTANGA YOGA' in his speech. He also demonstrated some asana and its importance in human life. Principal, Dr. Sujit Metre also shed light of Yoga and habits, diets in his presidential speech.

The program was compared by Mrs. Kalpana Mishra, Convener of organizing Committee and the vote of thanks was proposed by Dr. Sanjay Chaudhari. Dr. Sandip Tundurwar, Vice-Principal & Hod. Pol.Sci. Dr. Anil Shende, HoD. English, Dr. Narendra Gharat, HoD. Marathi, Dr. Naikwade, Miss. Agrawal, Supervisor of Jr. College, Mrs. Khedkar, Miss Mona Chandak, Poonam Bangde, Pooja Jaiswal, Sunita Masne madam Mr. Sandip Dongre, Head Clerk and Non-teaching staff of the college were present in the program and they work hard for make the program successful. A number of students who enrolled in NSS marked their attendance through ONLINE via Zoom Platform for the program and made it successful.



Dr. N.V. Kashyap
NSS P.O.



Sujit Metre
Principal
S. B. City College
NAGPUR.

श्री बिज्ञाणी नगर महाविद्यालय, नागपूर


सूचना

Student Induction Program - विद्यारंभ

प्रथम वर्षाच्या सर्व विद्यार्थ्यांना (B.A., B.Com., B.B.A., B.C.C.A.) सुचित करण्यात येते की, दि. 26-10-2020 पासून दि. 31-10-2020 पर्यंत महाविद्यालयाच्या वतीने प्रथम वर्षाच्या विद्यार्थ्यांकरिता Student Induction Program - विद्यारंभ आयोजित केलेला आहे. व्यक्तिगतच विकासासाठी पूरक असलेल्या अनेक पैलूंवर आधारित कार्यक्रम घेण्यात येणार असून ह्यासाठी विद्यार्थ्यांनी ZOOM App व Google Meet download करून ठेवावे. कार्यक्रमाचे नियोजन / वेळापत्रक खालीलप्रमाणे आहे.

Date	Program	Time	Links
26-10-2020	Principal's Address	10.15 to 11.15	ZOOM
	Nutrition Fitness & Wellness	11.15 to 12.30	Google Meet - https://meet.google.com/ova-sauk-mmx
	Communication Skills	1.00 to 2.00	ZOOM
27-10-2020	Stress Management	11.30 to 12.30	Google Meet - https://meet.google.com/ova-sauk-mmx
	Dance / Sketching	1.00 to 2.30	ZOOM
28-10-2020	Personality Development	11.30 to 12.30	Google Meet - https://meet.google.com/ova-sauk-mmx
	World of Defense	1.00 to 2.30	ZOOM
29-10-2020	Patriotism	11.30 to 12.30	Google Meet - https://meet.google.com/ova-sauk-mmx
	Competitive Exams Bank Exams	1.00 to 2.30	ZOOM
30-10-2020	Phy. Edu. & Sports - it's Importance & Scope	11.30 to 12.30	Google Meet - https://meet.google.com/ova-sauk-mmx
	Mental Health, Motivation, Positive	1.00 to 2.30	ZOOM
31-10-2020	The Success Mantra	11.30 to 12.30	Google Meet - https://meet.google.com/ova-sauk-mmx
	Expectation from Industry	1.00 to 2.30	ZOOM




Principal
S. B. City College
Nagpur

SHRI BINZANI CITY COLLEGE

Umrer Road, Nagpur

VIDYARAMBH

Student Induction Program – 2020-2021 - (26th Oct to 31st Oct 2020)

- AN IQAC Initiative -

REPORT

Objectives:

1. To help students to acclimatize with the new surroundings.
2. To develop bond with fellow students and teachers
3. To develop sensitivity to various issues of social relevance
4. To imbibe human values in the students so as to become responsible citizens.
5. To develop a sense of belongingness and an awareness of their rights as well as responsibilities.

Activity:

According to the Quality Mandate set by UGC, a One-Week Online Student Induction Program - VIDYARAMBH- was organized for all the First Year students of Arts & Commerce by the IQAC of the College. Principal Dr Sujit Metre presided over the inaugural function and forwarded the introductory remarks.

Procedure: Sessions of the following Resource Persons were conducted to update the students.

Details of Resource Persons:

In the Inaugural function, Principal Dr Sujit Metre, spoke at length about the history of the Institution, the teaching and administrative staff of the College, the infrastructural facilities, Cells and Committees and the various extra-curricular activities conducted in the College. (<https://www.youtube.com/watch?v=BWk4cKe4eIQ> – (428 views)

a. Maj Gen (Retd) Dr Subhash Chandra Pareek, Jaipur, spoke on the World of Defense detailing the requirements needed to make a career in the Defense Forces.

b. Dr Shraddha Deshpande, Asst Prof (English), Dharampeth MP Deo Memorial Science College, Nagpur, gave a presentation on Listening Skills.

c. Dr Amar Damle, Asst Prof (Psychology) Shrimati Binzani Mahila Mahavidyalaya, Nagpur, spoke on Mental Health & Motivation. (<https://www.youtube.com/watch?v=zMFNXcuKXQY> - 143 views)

d. Shri Ashish Thengre and Shri Sushant Bhagat of Career Campus, Nagpur, guided the students in 'How to prepare for Competitive Exams. They dealt with Quantitative Aptitude and Language. (<https://www.youtube.com/watch?v=ljtZ011xEco> - 64 views)

e. Ms Ishita Chatterjee, HR-TCS, MIHAN, Nagpur, interacted with the students. She shared the expectations of the industry from the freshers, how they should groom themselves and have short term goals. (<https://www.youtube.com/watch?v=ERewtvjb6ws&t=476s> - 255 views)

f. An Online Dance session (Garba pattern) was conducted by Alumni Akash Gharad and Pritam Ghyar.

g. A session on the basics of sketching was conducted by Rajat Tirpude, a student of Commerce of the College.

Dr Sandeep Tundurwar, Dr Narendra Raghatate, Dr Narendra Gharat and Dr Pranjali Kane conducted the proceedings of the various sessions.

SHRI BINZANI CITY COLLEGE, Umner Road, NAGPUR-09 VIDYARAMBHA	
Student Induction Program 2020-21	
Date 26 th Oct 2020 – 31 st Oct 2020 Time 1.00pm – 2.30pm	
 Dr Sujit Metre Principal 26.10.2020 10.30-11.30pm	 Dr Shradha Deshpande- Asso. Prof. M.P. Deo Dharampeth College 26.10.20
 Akash Gharad (Alumni) 27.10.2020 1.00-1.45pm	 Rajat Tirpude (Student) 27.10.2020 1.45-2.30pm
 Maj Gen Subhash Chandra 28.10.2020 1.00-2.30pm	 Shri Ashish Thengre (Banking & SSC) 29.10.2020 1.00-1.45pm
 Shri Sushant Bhagat (Quantitative Aptitude) 29.10.2020 1.45-2.30pm	 Shri Amar Damle, Asst Prof, SBMM 30.10.2020 1.00-1.30pm
 Ms Ishita Chatterjee, HR - TCS, Mihan, Nagpur 31.10.2020 1.00-2.30pm	Google meet link https://meet.google.com/ndp-ypk-krp

Conclusion: The First year Students were acclimatized to the new surroundings. They got acquainted with some of their teachers and their classmates. They were given training on the basics of Competitive Exams, Expectations from the Industry, Mental Health thereby helping them know what the expectations from them are in the coming years. The students were also given training on dance steps and sketching as stress busters.

Pranjali Kane

Dr Pranjali Kane
IQAC Coordinator

SHRI BINZANI CITY COLLEGE
Umrer Road, Nagpur

NOTICE FOR TEACHERS

This is to inform all the teachers (Senior College, Junior College and Adhoc Teachers) that the IQAC of the College is organizing two events simultaneously from 26th Oct 2020 to 31st Oct 2020.

A) **Student Induction Program (SIP) VIDYARAMBH 2020** (For FY students)

B) **Short-Term Training Program (STTP) on 'Advanced E-Learning & Assessment – Tools & Techniques'** for teachers.

- The SIP for FY students will be held from
11.30 am to 12.30 pm – Sports Webinar
1.00 pm to 2.30 pm - Interactive Sessions
- The STTP will be held from 10.30 am to 4.30 pm with Theory, Assignment & Problem Solving Techniques.
- The detailed schedule of SIP & STTP will be shared soon.
- The first Session in STTP everyday would be Problem Solving Session. Teachers who are into conducting classes can join once they finish their classes.
- The First Year students will be engaged in the SIP. The Second & Third Year students would be kept engaged by the teachers by uploading pre-recorded lectures (videos) in Google Classroom or YouTube links related to the course.
- Teachers need to complete at least 90% of STTP modules to get the certificates.
- **Please Note:** Classes will not be suspended for the said period.




Dr Sujit Metre
Principal & Chairman (IQAC)

SHRI BINZANI CITY COLLEGE

Umrer Road, Nagpur

Report of Short Term Training Program

Name of Activity: STTP of 'Advanced E-Learning & Assessment – Tools & Techniques' for Faculty

Date: 26th October to 31st October 2020

Objectives:

1. To acquaint the Faculty to the new modes of Teaching and Assessment.
2. To train the Faculty to create Google Classrooms for asynchronous Learning.

Procedure: The IQAC of the College conducted a One Week Online Short-Term Training Program of 'Advanced E-learning & Assessment – Tools & Techniques' from **26th October to 31st October 2020**. Permanent teachers, AdHocs and CHBs participated in the day-long activities. The Training included Live Theory Sessions, Practical Sessions and Assignments with Problem solving sessions by Internal as well as External Resource Persons.

There were sessions on the basics of MS-Word, How to create impactful PPTs, Advanced Excel, How to create Google Classrooms, Google Forms and Voice Typing, The Uses of Test Moz, Add Moto, Handling of OBS (Video, LOOM) Platform, How to upload videos on YouTube & create Links, E-Certificate Generation, Google Sheets, Animation and Creative Interactive Blog.

The Sessions were conducted by Principal Dr Sujit Metre, Dr Narendra Gharat, Dr Devdutt Tare and Dr Monika Jain.

Conclusion: The Faculty were trained to conduct Online classes and maintain records of the assessment and evaluation. They were equipped with conducting tests on various online examination platforms. The hands on training helped them in clearing their doubts. They would make their PPTs more animated and effective.

Date	Session	Session II	Content	Session III	Session IV
26/10/2020	Session I	Session II	Session III	Session IV	Session V
27/10/2020	Session I	Session II	Session III	Session IV	Session V
28/10/2020	Session I	Session II	Session III	Session IV	Session V
29/10/2020	Session I	Session II	Session III	Session IV	Session V
30/10/2020	Session I	Session II	Session III	Session IV	Session V
31/10/2020	Session I	Session II	Session III	Session IV	Session V



“न हि ज्ञानेन सदृशं पवित्रमिह विद्यते”

OFFICE OF THE PRINCIPAL

C. P. & BERAR EDUCATION SOCIETY'S COLLEGE

TULSIBAG, MAHAL, NAGPUR- 44 0032.

☎ : 0712 - 2722329 Fax No. : 0712 - 2722329 Web Site : www.cpberar.co.in

☎ : M.C.V.C : 2738513, MBA : RAVINAGAR 2540149, DASR : 2731931

Estd. 1960



Ref. No. 0/CPBC/2020

Date : 06/11/2020

To,
Dr. Sujit Maitre,
Principal,
Shri Binzani City College,
Nagpur.

Sub: Proposal for collaboration to organise faculty development programme.

Ref: Our telephonic conversation on the above-mentioned theme.

Dear Sir,

As a part of its initiative for quality development, the IQAC of our college proposes to conduct a ***Faculty Development Programme*** in collaboration with Shrimati Binzani Mahavidyalaya and Shri Binzani City College. The details of the aforementioned programme are as follows:

Duration

19/11/2020 - 21/11/2020

(One lecture per day)

Timing : 11.00 AM - 12.00 Noon

Title of the Programme: ***Qualitative Teaching-Learning in Post Covid Era***
Collaborative Online Faculty Development Programme

***Sessions*:**

Tools for Developing Quality E-content

Creating an Amazingly Professional PowerPoint Presentation

Use of Google Classroom and other Platforms

Expecting a positive reply.

With Warm Diwali Wishes!

(Dr. Milind A. Barhate)
Principal
C. P. & Berar E. S. College,
Nagpur

IQAC coordinator

for records
[Signature]
21/11/20

SHRI BINZANI CITY COLLEGE

Umrer Road Nagpur

Activity Report 2020-21

DEPARTMENT /COMMITTEE/FACULTY

NAME OF THE ACTIVITY :- Human Rights Day Program (Online Mode) Guest Lecture , Speakers Dr. KhyatimayTripathi / Dr. RayanMahajan			
DATE	FACULTY	DEPARTMENT /COMMITTEE	COORDINATOR NAME
10 Dec. 2020	Arts	Political Science	Dr. SandeepTundurwar
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: OUTDOOR /INDOOR
11.00 AM	Zoom Platform	73	Indoor
SUPPORT/ ASSISTANCE (Name)	Shri. BhaskarWaghale, Shri. KishorNaitam, ShriLavkumarHarmi		


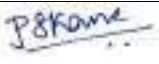

BRIEF INFORMATION ABOUT THE ABOUT THE ACTIVITY (CRITERION NO-

TOPIC/ SUBJECT OF THE ACTIVITY	Guest Lecture:- Human Rights
OBJECTIVES	1) To make students aware of the creation, history, movement and requirements of global human rights 2) To create awareness about the rights enshrined in the Universal Declaration of Human Rights and its importance and need in personal life. 3) Explain the contribution of the global peace process by inculcating a sense of responsibility for how human rights are not just personal but complementary
METHODOLOGY	On the occasion of World Human Rights Day, a virtual program was organized to introduce students to global human rights. Dr. KhyatimayTripathi provided guidance on the Universal Declaration of Human Rights and India. Dr. RayanMahajan by highlighted the issue of human rights documentation. Created Google Form, Whatsapp Group, registered students provide E- Certificate. OnlineZoom Platform https://us02web.zoom.us/j/4141513581?pwd=Ynl1cFQxdGRZS29tdzdqanBoamlnQT09 Registration Link https://forms.gle/89wQfpGsXGCPemS47
OUTCOMES	1) Students learned about human rights 2) The students were briefed on the Universal Declaration of Human Rights and the provision of fundamental rights in the Indian Constitution

PROOF & DOCUMENTS ATTACHED (Tick mark the proofs attaches):

1.Notice and letters	2.Students list of participation	3.Activity	4.Photos	5.Feedback	6.Feedback analysis
7.News clip with details	8.Certificate	9.Any other	10.		

IQAC CELL ACTIVITY NO -

NAME OF THE HEAD /TEACHER	NAME OF THE DEPARTMENT	IQAC COORDINATOR SING /SEAL	PRINCIPAL SIGNATURE
Dr. SandeepTundurwar 	Political Science		



श्री बिंझाणी नगर महाविद्यालय

उमरेड रोड, नागपूर

अहवाल

पदव्युत्तर राज्यशास्त्र विभागाच्या वतीने १० डिसेंबर २०२० ला आभासी मंचावरून जागतिक मानवाधिकार दिनाच्या निमित्ताने 'मानवाधिकार दिना'च्या कार्यक्रमाचे आयोजन करण्यात आले.

'मानवाधिकार और भारतीय समाज : समस्या एवं उपाय' या विषयावर डॉ. ख्यातीमय त्रिपाठी, पी. एस. कॉलेज, जारबंध, ओरिसा यांचे बीजभाषण झाले. डॉ. रायन महाजन प्रमुख अतिथी म्हणून उपस्थित होते. महाविद्यालयाचे प्राचार्य डॉ. सुजीत मेत्रे अध्यक्षस्थानी होते.

राज्यशास्त्र विभागप्रमुख संदीप तुंडूरवार यांनी कार्यक्रमासाठी भूमिका विषद केली. कार्यक्रमाचे अध्यक्ष प्राचार्य डॉ. सुजीत मेत्रे यांनी मानवाधिकारांच्या घोषणापत्रातील ३० अधिकारांपैकी नागरिकांच्या अत्यंत जिव्हाळ्याच्या ५ अधिकारावर प्रकाश टाकताना, साथिचे आजार, महामारी आणि सध्या अनुभवत असलेली परिस्थिती यांचा शिक्षणावर खोलवर परिणाम झाला आहे. व आभासी शिक्षणाकडे जगाला वाटचाल करावी लागली अशा परिस्थितीत अधिकारांच्या स्वरूपात विशेषतः शिक्षण अधिकाराच्या स्वरूपात बदलाव येण्याची आवश्यकता प्रतिपादली व चर्चेचे केंद्रबिंदू हे ठरायला हवे अशी अपेक्षा व्यक्त केली.

बीजभाषक डॉ. ख्यातीमय त्रिपाठी यांनी भारताने १९४८ मध्ये मानवी हक्काच्या जाहिरनाम्याला स्विकारले असले तरी त्यावर आयोग व कायदा उभा करण्यास १९६३ साल उजाडले. तोपर्यंत अनेक प्रश्न आणि विवाद आलेत. फाळणी, भागलपूर, भिवंडी येथील दंगली. १९८४ मधील शिखांचे शिरकाव, १९६२ मधील मुंबईतील दंगली या पार्श्वभूमीवर अधिकच्या कायद्याची आवश्यकता होती ती विविध आयोगांची उभारणी करून भरून काढण्यात आली. परंतु २१ व्या शतकापर्यंतचा प्रवास सहज सोपा राहिला नाही. सामाजिक माध्यमे, महामारी यांनी नवे प्रश्न उभे केलित त्यावर मात करायची असेल तर योग्य व उपयुक्त धोरणांची गरज, राजकीय जाणिव जागृती, युवकांची सकारात्मक उर्जा, निःपक्ष यंत्रणेची गरज, संसाधनाचा विज्ञान-तंत्रज्ञानाचा उपयुक्त वापर झाल्यास यातील अडचणी-प्रश्न-समस्या सुटतील यावर भर दिला. डॉ. रायन महाजन यांनी मानवाधिकार तरतुदींचा विखुरलेल्या दस्तऐवजांचा प्रवास, टप्पे, जागतिक संदर्भ घेऊन विषयाला विस्तृतपणे उलगडले. टिकाकार व समर्थक यांचा दृष्टीकोन मांडून सद्यस्थितीत भारतीयांना कुठल्या समस्यांना सामोरे जावे लागत

आहे यावर प्रकाश टाकला. शासन आणि जनता या दोन्ही घटकांनी भारताच्या सुदृढतेच्या दृष्टीने पुढे आले तर प्रश्न सुटतील असे प्रतिपादन केले.

अतिथींचा परिचय प्रा. श्रीकांत शेंडे यांनी करून दिला व आभार प्रदर्शन डॉ. राम बुटले यांनी केलेत. डॉ. श्री एम. पेशवे सामाजिक संशोधन संस्थेच्या सहभागाने हा कार्यक्रम आखण्यात आला. तांत्रिक सहकार्य डॉ. प्रांजली वझलवार (काणे) यांचे लाभले. प्रा. भास्कर वघाळे, प्रा. किशोर नेताम, प्रा. लवकुमार हारामी यांनी परिश्रम घेतले.



Principal
S.B. City College, Nagpur



तत्सुखसुखित्वम्

NAGPUR SHIKSHAN MANDAL'S

SHRI BINZANI CITY COLLEGE, NAGPUR

RE-ACCREDITED BY NAAC 'B++' (CGPA 2.87)

POST GRADUATE DEPARTMENT OF POLITICAL SCIENCE

And

Dr. V. M. PESHWE SOCIAL RESEARCH INSTITUTE, YAVATMAL

(Reg.No. YTL/496)

Jointly Organised

HUMAN RIGHTS DAY PROGRAM



Dr. V. M. PESHWE

CERTIFICATE OF PARTICIPATION

This is to certify that, **AKSHAY KAWALE** of **S.B.city college Nagpur** has actively participated in 'Human Rights Day Program' Organised by Post Graduate Department of Political Science and Dr. V. M. Peshwe Social Research Institute, Yavatmal on 10 Dec. 2020.

Dr. Ram Butale

President

Dr.V.M.P.S.R.I Yavatmal

Dr. Sandeep Tundurwar

Head,

Department of Political Science

Dr. Sujit Metre

Principal

S.B.City College, Nagpur



तत्सुखसुखित्वम्

NAGPUR SHIKSHAN MANDAL'S

SHRI BINZANI CITY COLLEGE, NAGPUR

RE-ACCREDITED BY NAAC 'B++' (CGPA 2.87)

POST GRADUATE DEPARTMENT OF POLITICAL SCIENCE

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(Reg.No. YTL/496)

Jointly Organised

HUMAN RIGHTS DAY PROGRAM



Dr. V. M. PESHWE

CERTIFICATE OF PARTICIPATION

This is to certify that, **Mr.Rajendra Santoshrao Ghorpade of Arvindbabu Deshmukh Mahavidyalaya, Bharsingi Ta, Narkhed Dist, Nagpur** has actively participated in 'Human Rights Day Program' Organised by Post Graduate Department of Political Science and Dr. V. M. Peshwe Social Research Institute, Yavatmal on 10 Dec. 2020.

Dr. Ram Butale

President

Dr.V.M.P.S.R.I Yavatmal

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12/10/2020 8:25:41 archanapatil10780@gmail Dr. Archana Dnyandeo Pa Dr. Haribhau Admane Arts

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श्री बिंझाणी नगर महाविद्यालय नागपूर

मराठी विभाग

सत्र - २०२०-२१

कार्यक्रम

अ. क्र.	दिनांक	कार्यक्रमाचे नाव	अध्यक्ष/प्रमुख पाहुणे - वक्ते
१.	०९/११/२०२०	मराठी साहित्य अभ्यास मंडळ उद्घाटन समारंभ	अध्यक्ष - प्राचार्य डॉ. सुजित मेत्रे प्रमुख वक्ते - डॉ. देवानंद सोनटक्के
२.	०४-०५/१२/२०२०	द्विदिवसीय राष्ट्रीय चर्चासत्र	अध्यक्ष - डॉ. गणेश मोहोड. प्रमुख वक्ते - १) डॉ. निशिकांत मिरजकर २) डॉ. शुभा साठे ३) डॉ. विजय राऊत ४) डॉ. जयश्री शास्त्री ५) प्रा. डॉ. संजय पोहरकर
३.	२३/०१/२०२१	मराठी भाषा संवर्धन पंधरवडा व्याख्यान	अध्यक्ष - प्राचार्य डॉ. सुजित मेत्रे प्रमुख वक्ते - डॉ. अजय चिकाटे
४.	०३/०२/२०२१	स्व.श्री. आईदानजी बिंझाणी स्मृती व्याख्यान	अध्यक्ष - मा. श्री अशोकजी गांधी, अध्यक्ष, नागपूर शिक्षण मंडळ प्रमुख वक्ते - श्री. विवेक घळसासी
५.	२७/०२/२०२१	मराठी भाषा गौरव दिन समारंभ	अध्यक्ष - प्राचार्य डॉ. सुजित मेत्रे प्रमुख वक्ते - डॉ. गणेश मोहोड

YouTube Links :-

1) मराठी साहित्य अभ्यास मंडळ उद्घाटन समारंभ -

https://www.youtube.com/watch?v=D_t74zr2fzc

2) द्विदिवसीय राष्ट्रीय चर्चासत्र - <https://youtu.be/xVnIRzaCm84> (Day - 1),

<https://youtu.be/XVT0KsrtQNA> (Day - 2)

3) मराठी भाषा संवर्धन पंधरवडा व्याख्यान - <https://youtu.be/oDHtuZ2hLkl>

4) स्व.श्री. आईदानजी बिंझाणी स्मृती व्याख्यान -

https://www.youtube.com/channel/UCOFDknC4cQefc5_L7GuRgOQ

5) मराठी भाषा गौरव दिन समारंभ -

<https://youtu.be/FqWsl4SuQYch>https://www.youtube.com/channel/UCOFDknC4cQefc5_L7GuRgOQ

द्विदिवसीय राष्ट्रीय चर्चासत्र

०४-०५/१२/२०२०



‘माझी जन्मठेप अजरामर कलाकृती’

श्री बिंझाणीत चर्चासत्राचे आयोजन

म.टा. प्रतिनिधी, नागपूर

स्वातंत्र्यवीर सावरकरांचे क्रांतिकारक कवीचे व्यक्तिमत्त्व हे अनन्यसाधारण स्वरूपाचे होते. आपल्या जन्मठेपेतील अनुभवांवर लिहिलेले ‘माझी जन्मठेप’ हे आत्मवृत्त मराठी आणि भारतीय साहित्यातील अजरामर कलाकृती ठरते, असे मत समीक्षक डॉ. निशिकांत मिरजकर यांनी व्यक्त केले.

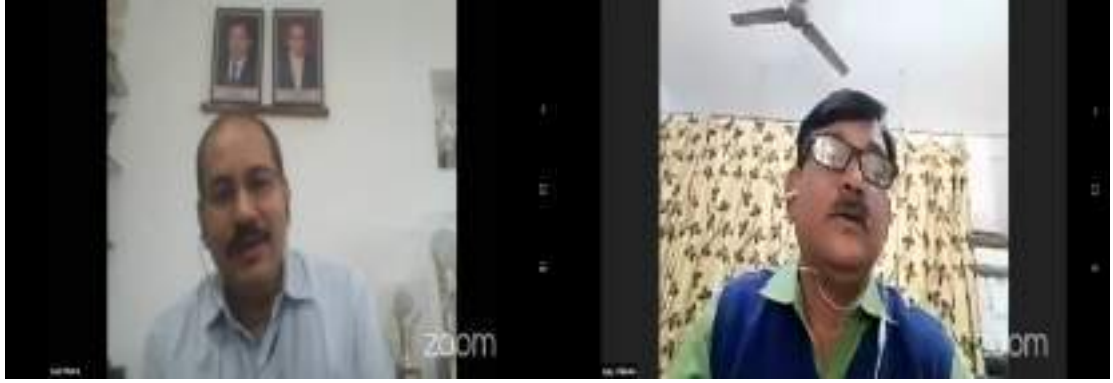
श्री बिंझाणीनगर महाविद्यालय, राष्ट्रसंत तुकडोजी महाराज नागपूर विद्यापीठ आणि गोडवाना विद्यापीठ मराठी प्राध्यापक परिषद यांच्यावतीने चर्चासत्राचे आयोजन करण्यात आले. उद्घाटन कार्यक्रमाच्या अध्यक्षस्थानी प्राचार्य डॉ. सुजित मेत्रे होते. प्राध्यापक परिषदेचे अध्यक्ष डॉ. गणेश

मोहोड यावेळी उपस्थित होते. उद्घाटन कार्यक्रमात बीजभाषण करताना डॉ. मिरजकरांनी सावरकरांच्या ‘माझी जन्मठेप’ या ग्रंथाची विविध वैशिष्ट्ये स्पष्ट केली.

चर्चासत्राच्या पहिल्या सत्रात डॉ. शुभा साठे यांनी ‘अंदमान अनुभवदर्शन’ विषयावर आपले विचार मांडले. डॉ. विजय राजत यांनी ‘माझी जन्मठेप: व्यक्तीदर्शन’ या विषयावर आपली मते मांडली. मराठी विभागप्रमुख डॉ. नरेंद्र घरत यांनी प्रास्ताविक केले. प्राध्यापक परिषदेचे सचिव डॉ. दत्तात्रय चाटमोडे यांनी आभार मानले. डॉ. जयश्री शास्त्री, डॉ. संजय पोहरकर यांनी ग्रंथाबाबत विचार मांडले. चर्चासत्राचे सहसंयोजक डॉ. राजेंद्र नाईकवाडे यांनी प्रास्ताविक केले. डॉ. मोहोड यांनी सर्व वक्त्यांच्या मतांचा आढावा घेतला. डॉ. राजकुमार मुसने यांनी आभार मानले. दोन्ही दिवसांचे सूत्रसंचालन प्रा. सुनीता मसने यांनी केले. तांत्रिक सल्लागार म्हणून डॉ. प्रांजली काणे यांनी काम पाहिले.

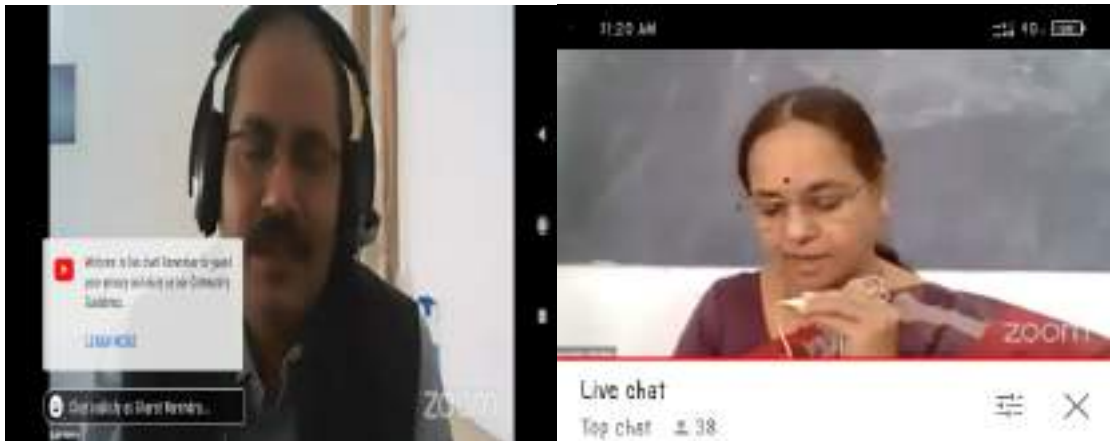
मराठी भाषा संवर्धन पंधरवडा व्याख्यान

२३/०१/२०२१



स्व.श्री. आईदानजी बिंझाणी स्मृती व्याख्यान

०३/०२/२०२१



शिक्षण, कौशल्य, ज्ञान मानव जातीच्या कल्याणासाठी

विवेक घळसारी यांचे प्रतिपादन

• नागपूर, ७ फेब्रुवारी

शिक्षण, कौशल्य आणि ज्ञान मानव जातीच्या कल्याणासाठी आहे. यामुळे जगाच्या कल्याणासाठी कार्य करणे हेच शिक्षकांचे कार्य आहे. नागपूर, शिक्षणपूर प्रांत झालेली कौशल्य ही पराजराच्या कल्याणासाठी स्थापित करण्याची आहे. ही मनोवस्था म्हणजेच ज्ञानापूर्वी असे प्रतिपादन प्रकाश विद्यालयात व कसे विवेक घळसारी यांनी केले.

श्री विद्यालया नगर महाविद्यालयातले अस्थापित आईदानजी विद्यालया मृगती व्याख्यानांसाठीचे सातवीचे दुसरे आधारी पद्धतीने मुकलान विवेक घळसारी बोलत होते. अध्यक्ष्यांनी



नागपूर शिक्षण मंडळाचे अध्यक्ष अशोक गांधी होते. प्राकार्य डॉ. सुजित मेरे व मराठी विभागातील प्रा. डॉ. राजेंद्र नाईकवाडे व्याख्यानकार उपस्थित होते.

शिक्षण ही आईच्या गर्भापासून सुरुवातीला सुरुवातीला एक संरक्षण असून, ही ज्ञानांतरात भारतीय संस्कृतीने जगता दिलेली आहे. दुर्दैवाने आपल्या देशाच्या सन्सृतीची जपलीपटा व टवाळी करणाऱ्या लोकांच्या हाती स्वातंत्र्यानंतर शिक्षणाला वृत्ते गेल्याने शिक्षण या संकल्पनेचा नीट विचार झाला नाही. व्याख्यानांतल्या प्रारंभ डॉ. वैशाली उपाध्ये यांच्या संकल्पनेने झाले. प्रास्ताविक डॉ. सुजित मेरे तर सनसंधा पाठिथ डॉ. राजेंद्र नाईकवाडे यांनी करून दिला.

• (तुमचा ज्ञानसेवा)

दै. तरुण भारत, दि. ०८.०२.२०२१

शिक्षणातून मानवी कल्याण साधा : घळसारी



नागपूर : शिक्षण, कौशल्य आणि ज्ञान यामुळे जगाच्या कल्याणासाठी कार्य करणे हेच शिक्षकांचे कर्तव्य आहे. शिक्षणातून ज्ञान झालेली कौशल्य ही ज्ञानाच्या पराजराच्या कल्याणासाठी सर्वापित करण्याची मनोवस्था म्हणजे ज्ञानापूर्वी होय. असे प्रतिपादन प्रसिद्ध निरुपणकार विवेक घळसारी यांनी केले. नागपूर शिक्षण मंडळाच्या श्री विद्यालया नगर महाविद्यालयातले आईदानजी विद्यालया मृगती अध्यक्षान्मालेचे ऑनलाईन आयोजन करण्यात आले होते. त्यावेळी ते बोलत होते. व्याख्यानांतल्या अध्यक्ष्यांनी अशोक गांधी होते. महाविद्यालयाच्या मराठी विभागातले अस्थापित या व्याख्यानांत प्राचार्य सुजित मेरे आणि प्रा. डॉ. राजेंद्र नाईकवाडे उपस्थित होते. सूत्रसंचालन प्रा. पूनम खेडकरा यांनी केले. तर डॉ. नोंद राघटके यांनी आभार मानले. डॉ. वैशाली उपाध्ये यांच्या पराजराताने कार्यक्रमालाची सुरुवात झाली.

दै. महाराष्ट्र टाइम्स, नागपूर दि. ०८.०२.२०२१

Edit with WPS Office



SHRI BINZANI CITY COLLEGE

Umrer Road Nagpur

Activity Report 2020-21

DEPARTMENT /COMMITTEE/FACULTY

NAME OF THE ACTIVITY :- Higher Learning Education Program (One Week) in collaboration with English & Marathi Dept. One Week 1) Dr. Vikas Jambhulkar, 2) Shri. Mahesh Jogatha, 3) Prof. Avantika Leikurware, 4) Dr. Renuka Roy, 5) Dr. Shradha Deshpande, 6) Dr. Shalendra Lende, 7) Dr. Shrinivas Khandewale			
DATE	FACULTY	DEPARTMENT /COMMITTEE	COORDINATOR NAME
15 March to 22 March 2021	Arts	Political Science	Dr. SandeepTundurwar
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: OUTDOOR /INDOOR
11.00 AM	Zoom Platform	(65 Male+ 122 Female) Total 187	Indore
SUPPORT/ ASSISTANCE (Name)	Shri. Bhaskar Waghale, Dr. Rayan Mahajan, Shri. Kishor Naitam, Shri Lavkumar Harmi		

BRIEF INFORMATION ABOUT THE ABOUT THE ACTIVITY (CRITERION NO-

TOPIC/ SUBJECT OF THE ACTIVITY	Higher Learning Education Program
OBJECTIVES	1) To educate, to train and to undertake research. 2) To educate for citizenship and for active participation in society with a worldwide vision for the consolidation of Human Right, Sustainable development, democracy and peace. 3) Advance, create and disseminate knowledge through research. 4) To understand, interpret, preserve, enhance, promote and disseminate national and regional, international and historic cultures 5) Help protect and enhance social value by training young students.
METHODOLOGY	Higher Learning Education Program value added course Was taken under this. The workshop lasted for one week, 32 hours The workshop was conducted in a virtual manner. The program is planned for a total of 30 sessions. A guided lecture in the first session Lecture-based problem solving activity in the second sessionIn the third session, subject-based self-study was given to the students according to the subject Writing based on videos was done. For seven days, guests were guided on various topics. In this workshop registration was done through Google Form, creating What's App group and giving information about the workshop. Google Classroom was created for the activity and their quizzes and assignments were taken on it. In the last session feedback was taken and certificate of participation was distributed.



	<p>OnlineZoom Platform https://us02web.zoom.us/j/4141513581?pwd=Ynl1cFQxdGRZS29tdzdganBoamlnQT09 Registration Link https://forms.gle/rZvSjLzbgdugPoK7 Feedback Form Link https://forms.gle/MHz9xyz3fLx3ciLUA You Tube Link 1) Day 1 Dr. VikasJambhulkarhttps://youtu.be/0538qWARUBk 2) Day 2 Shri. Mahesh Jogathahttps://youtu.be/6aC77IARcnE 3) Day 3 Prof. AvantikaLeikurwarehttps://youtu.be/p7VnEuoyFLk 4) Day 4 Dr. Renuka Roy https://youtu.be/eJN30Moi6bY 5) Day 5 Dr. ShradhaDeshpandehttps://youtu.be/3c7JzXhCEVE 6) Day 6 Dr. ShailendraLendehttps://youtu.be/VPqpaQAvkDA 7) Day 7 Dr. ShriniwasKhandewalehttps://youtu.be/WgOBR2QnmgM</p>
OUTCOMES	1) The students observed contemporary issues 2) The aim of the workshop was to socialization of political values

PROOF & DOCUMENTS ATTACHED (Tick mark the proofs attaches):

1. Notice and letters ✓	2. Students list of participation ✓	3. Activity ✓	4. Photos ✓	5. Feedback	6. Feedback analysis
7. News clip with details	8. Certificate ✓	9. Any other	10.		

IQAC CELL ACTIVITY NO -

NAME OF THE HEAD /TEACHER	NAME OF THE DEPARTMENT	IQAC COORDINATOR SING /SEAL	PRINCIPAL SIGNATURE
Dr. Sandeep Tundurwar	Political Science	<i>Rajhatale</i> Dr. N.V. Rajhatale	<i>S. B.</i> Principal S. B. City College NAGPUR.

For *[Signature]*
Dr. Bhanu S. Waghmare



SHRI BINZANI CITY COLLEGE

Umrer Road, Nagpur

Report of Administrative Staff Training Program

Title: *Administrative Staff and Support Staff Training Program*

Objectives:

1. To impart ICT training to the Administrative Staff on the usage of the Office Software.
2. To instruct the Support Staff of their role in maintaining discipline in the College.
3. To create awareness amongst the Staff about the COVID 19 norms and the ways to protect ourselves from it.

Procedure: The IQAC of the College organized offline programs for the Non-Teaching Staff and the Support Staff of the College to enhance their knowledge and skills. Accordingly, the Non-teaching Staff of the College were given hands-on training of ICT by MasterSoft Pvt Ltd. on 19th June 2021.



The IQAC of the College also arranged for an interaction between the Support Staff and the Administration on 30th June 2021. Principal Dr Sujit Metre, Vice Principal Dr Sandip Tundurwar and Head Clerk, Shri Sandip Dongre interacted with the Support Staff. Principal Dr Metre spoke at length upon the role of the Support Staff as the first interface between the College and the Students. Dr Tundurwar spoke on the importance of maintaining discipline in the College premises. Shri Dongre urged the support staff to perform their duties to the best of their ability for smooth functioning of the College. A safety and precautionary Kit was distributed among the Staff comprising of a Sanitizer bottle, Five Masks, Soaps, ORH Sachet and glucose biscuits.



JSKame



Dr

IQAC Co-ordinator
S.B. City College, Nagpur

Principal
S.B. City College, Nagpur

